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A

Dissertation

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W. S. H.

Traumatic Tetanus

by

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of

Washington City

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The following imperfect remarks
on Trismus Tetanus, which, in compliance with
a long established regulation of this University, I
now submit to the consideration of the Faculty, will
at the first glance be seen to be almost entirely eclectic,
a circumstance necessarily attendant upon a great
majority of inaugural dissertations not of an experimen-
tal nature. The authorities within my reach have
been carefully consulted, and such remedies and modes
of treatment as appeared to have been most successful
have been selected.

The pathology of the disease has
been purposely omitted. This being a point on which
the most enlightened practitioners have not been able
to come to any satisfactory conclusion, it could scarcely
be expected that the crude speculations of a mere tyro

The following is a list of the names of the persons who have been admitted to the office of the Secretary of the Board of Education since the 1st of January 1840. The names are arranged in alphabetical order.

1. Mr. John A. Smith
2. Mr. James B. Jones
3. Mr. William C. Brown
4. Mr. Robert D. White
5. Mr. Thomas E. Green
6. Mr. Charles F. Black
7. Mr. Henry G. Grey
8. Mr. George H. White
9. Mr. John I. Black
10. Mr. James K. Grey
11. Mr. William L. White
12. Mr. Robert M. Black
13. Mr. Thomas N. Grey
14. Mr. Charles O. White
15. Mr. Henry P. Black
16. Mr. George Q. Grey
17. Mr. John R. White
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would tend to elucidate it; indeed any attempt to obtrude them upon the notice of the scientific board for whose inspection these pages were prepared would not only be superfluous but highly ridiculous.

Tetanus is a term derived from the Greek and is used to denote a permanent spasmodic contraction of the voluntary muscles, occurring with more or less violence, being either partial or general, and accompanied with great rigidity of the parts affected.

It is divided into *Idiopathic* or *primary*, and *Symptomatic* or *secondary*, also called *Traumatic*, the former often arising without any ostensible cause, the latter being the result of some mechanical injury, and is that to which the following observations will be chiefly confined.

There are some modifications of *Tetanus* in which the older nosologists founded different species of the disease. Thus, a spasmodic rigidity of

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The muscles of the jaw was denominated Tetanus; when the
 muscles of the back were chiefly affected with spasm
 the body being bent backwards it was termed Opisthotonos,
 and when the disease was in a great measure confined
 to the flexors of the trunk and extremities, the body being
 flexed forwards it was recognised by the appellation of
Emprosthotonos - There is another form which however
 occurs very rarely it is where the tetanic rigidity is
 limited to the muscles of one side only, constituting the
Tetanus Lateralis of Sauvage the Pléurosthotonos of some
 others. The term Tetanus was considered as strictly applicable
 only where the spasm was nearly universal keeping the
 body rigidly extended. These different terms are however
 at present regarded as expressing merely varieties of the
 same disease, arising from the same causes, differing
 only in severity, and requiring the same mode of
 treatment for their cure -

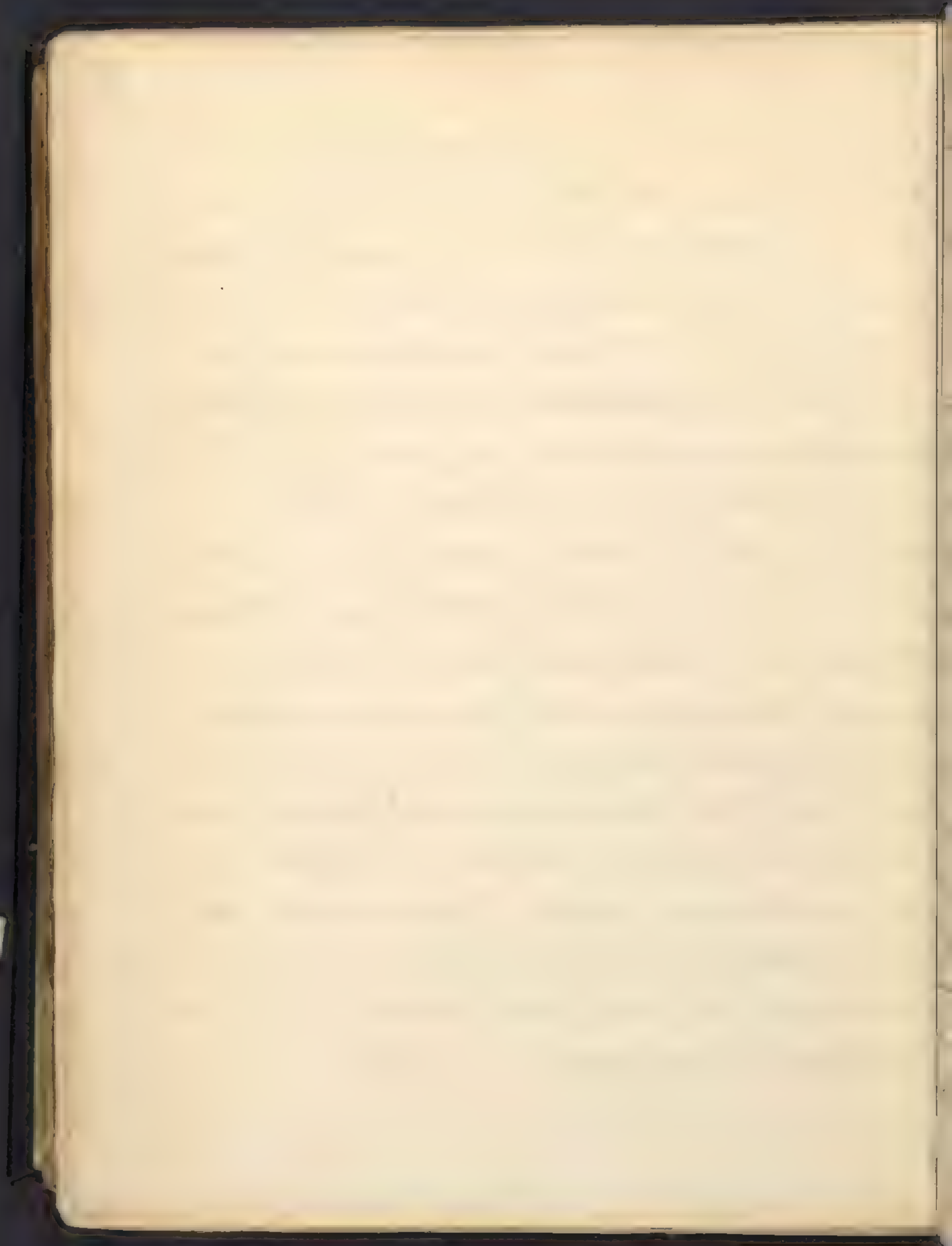
Tetanus is also divided into acute and
 chronic, which is by far the most important distinction,

the former being almost uniformly fatal while the latter, from the gradual accession of the symptoms affords more time for the exhibition of remedies and holds out greater prospects of a successful termination

Although the cause of the disease is implied in the term Traumatic, yet in considering the origin of Tetanus, we should take into view the kind of wound, the part in which it is situated, as well as the climate, situation, physical conformation, &c all of which exercise a considerable influence in its development - Thus it most frequently succeeds punctured or lacerated wounds particularly of the extremities, also wounds of the ginglymoid articulations with lacerations of the ligaments & compound fractures and dislocations - Mr. Keen observes that wounds below the elbow and knee have been those which he has seen most frequently followed by tetanus, Baron Larrey speaking of tetanus as it occurred in Germany remarks that "the young soldiers were most obnoxious

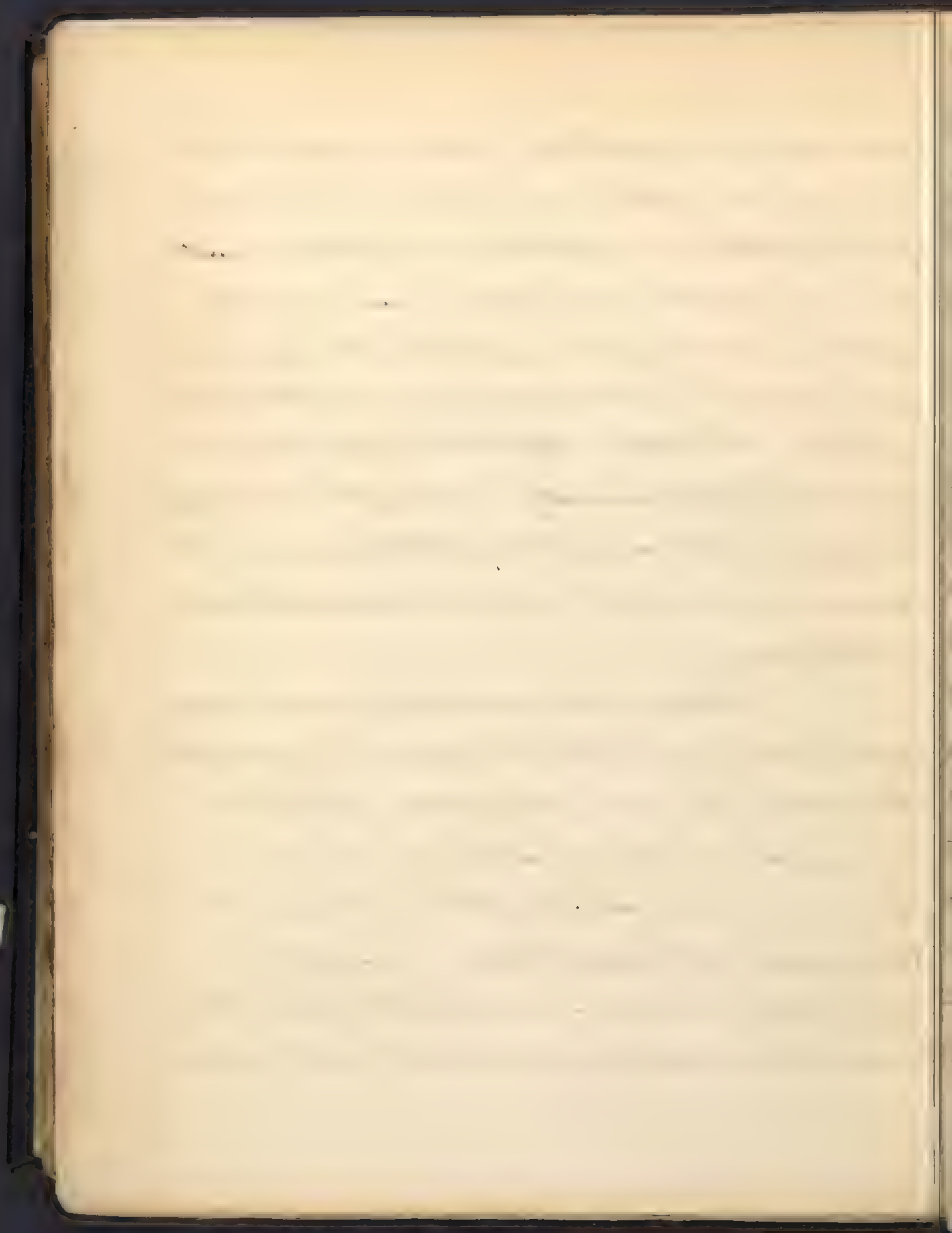
My dear Mr. [illegible]
I have the honor to acknowledge
the receipt of your letter of the
[illegible] and in reply to inform
you that the same has been
forwarded to the proper
authorities for their consideration.
I am, Sir, very respectfully,
Your obedient servant,
[illegible]

"it also had been wounded in the synovial articulations or deeply in the soft parts with loss of substance"
 The same author has observed a circumstance which appears not to have been before noticed; it is when a wound causing tetanus injured nerves in the fore part of the body. *Empoisonement* was occasioned, but that *opisthotonus* succeeded, when the posterior nerves were injured and complete or universal tetanus followed when there was a laceration of both descriptions of nerves by the wound extending quite through the hind. Although there can be no doubt that Larrey observed this fact to have occurred in a few instances, still it is highly improbable that there is any necessary connection between the form of the disease and the situation of the wound, for it is well known that we have a multitude of numerous cases of this disorder recorded by surgical writers that *risus*, *opisthotonus*, *empoisonement* and universal tetanus, each can take place without any regard to the situation or extent of the wound, but in many

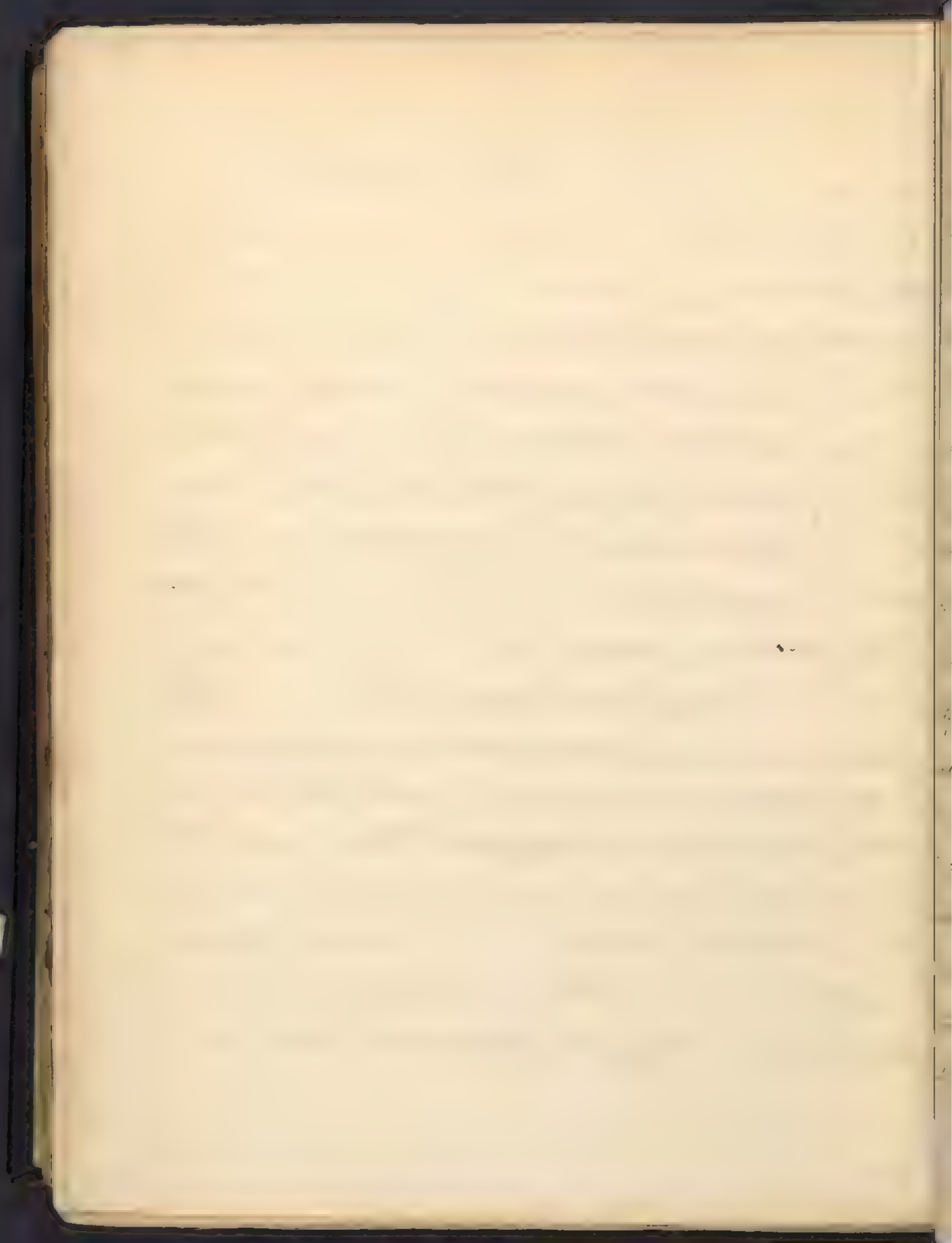


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instances occur successively, in the same patient and
as consequences of the same injury; nor is it at all
probable that so remarkable a circumstance would
have escaped the notice of the numerous writers
who have treated of this complaint; the experience
of some of whom was at least coextensive with that
of Larrey. The truth is that these different forms
are to be regarded as merely marking the intensity
and progress of the disease. Emprestheses & universal
titanus only occurring in the more advanced and
violent cases.

Titanus who occasionally succeeds ampu-
tation, in this case it has been supposed to originate from
the inclusion of a nerve in the ligature and in some
instances this has been found to be the case. Brown
Larrey has recorded the case of the son of General
Darmagnac who died of titanus consequent to
amputation and upon examining the stump the
median nerve was found included in the ligature.

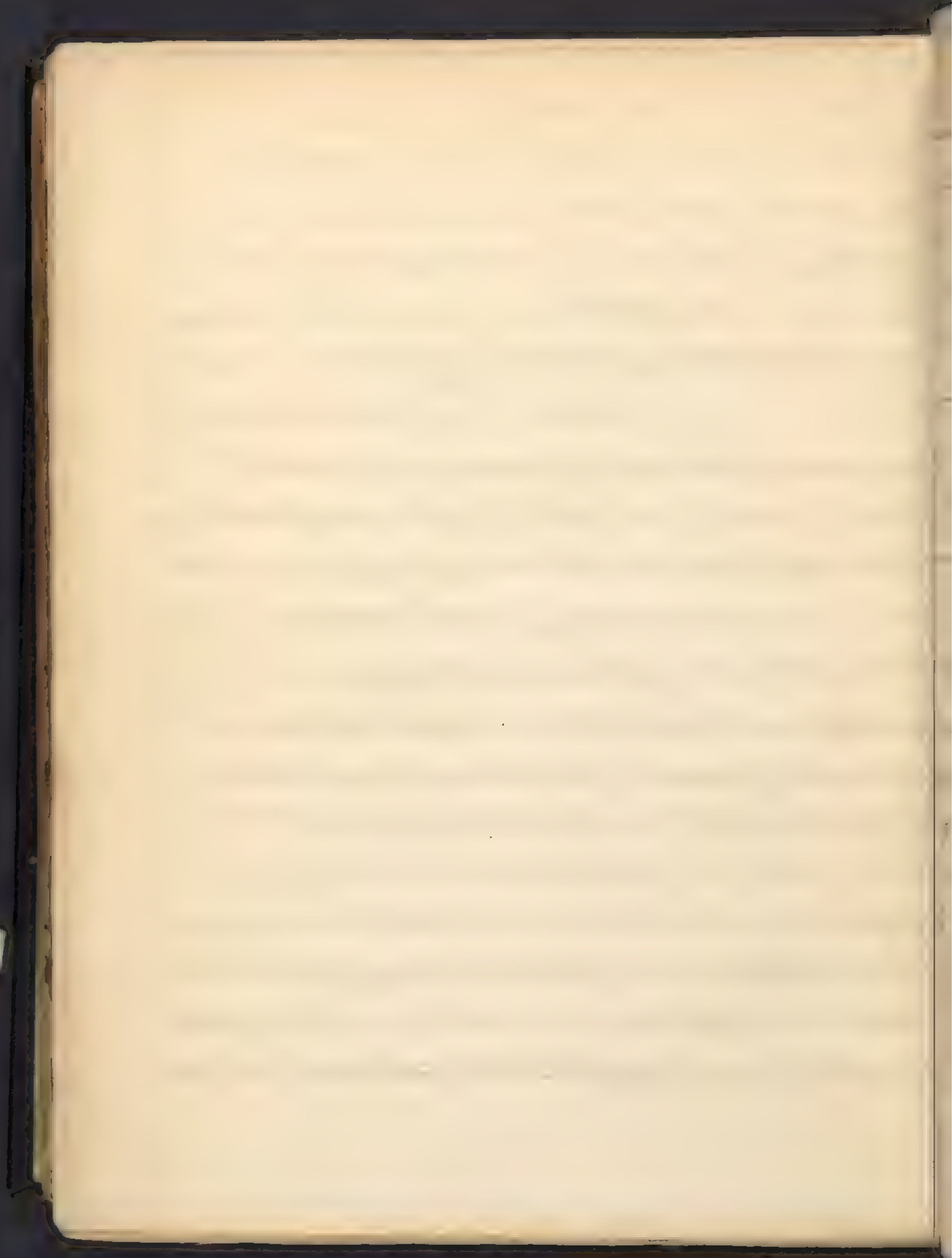


and the artery, and its terminal vessels, and so on.
 It may however be much doubted whether this in general
 can be considered as a legitimate cause of the disease, as
 the application of ligatures to nerves is an accident of
 frequent occurrence, particularly in military surgery, where
 the operation is generally performed in a rapid manner,
 and more especially in the navy, where, in addition to
 the hurry and confusion of battle the operator has not
 the advantage of a very good light, yet tetanus after ampu-
 tation is comparatively rare. Mosely remarks on this subject
 "I have lost many patients in the locked jaw after ampu-
 tations and never found healing cuts the nerves, whether
 ligatures were made or not caused the smallest difference
 in the event, nor was any security against the locked jaw"
 in this opinion the majority of practitioners appear to
 coincide, yet, it would seem from the statements of
 Larrey that the inclusion of nerves may and does occur
 occasionally, though rarely, apart in the development of the
 disease where a strong predisposition to it exists, or where



the climate, season, or situation, are favourable to its production, for this reason as well as account of the inconvenience resulting from the too long retention of the ligatures, prudence would dictate to us to avoid whenever it may be practicable the application of ligatures to wounds.

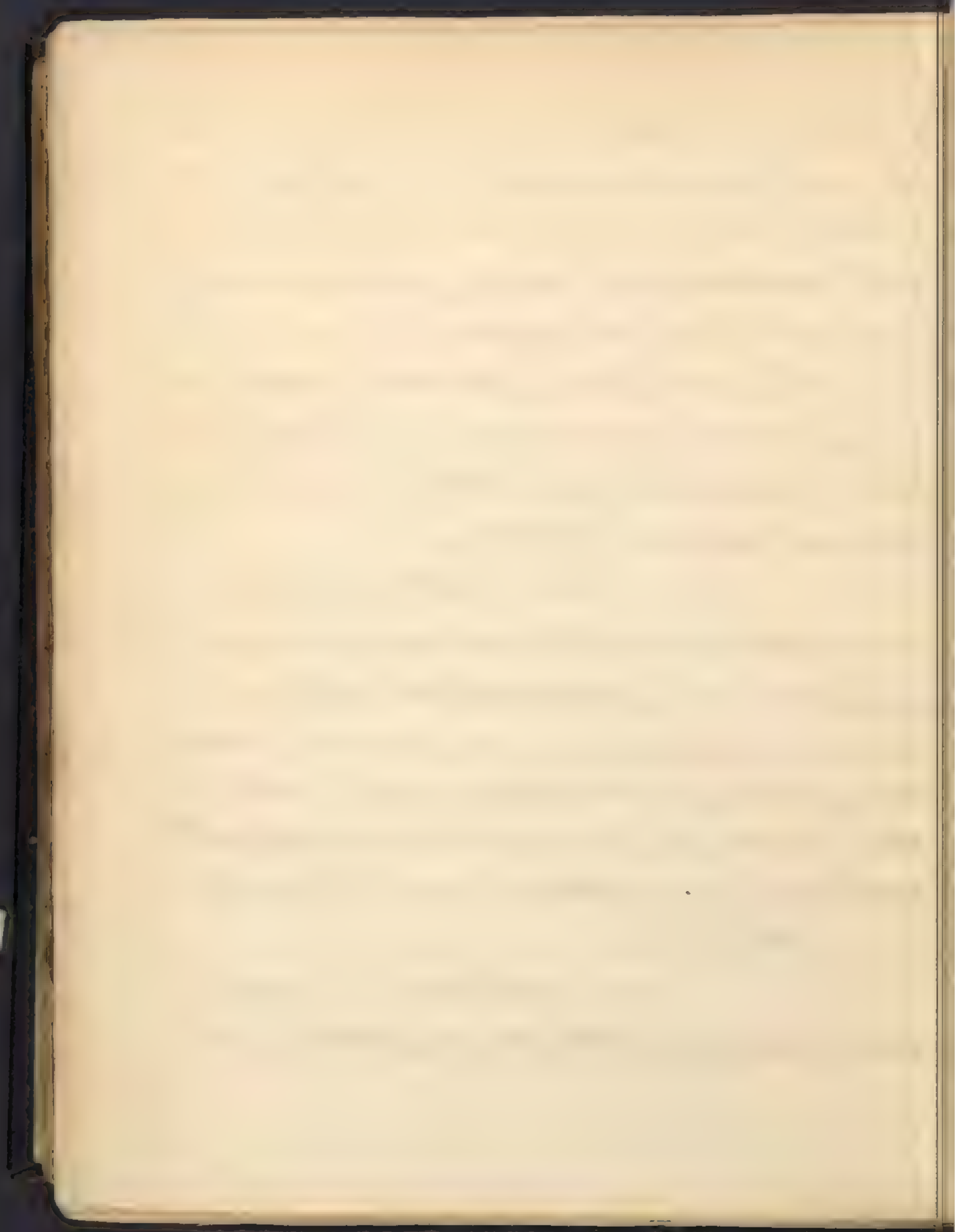
Tetanus is a disease which occurs in every part of the world, yet experience proves that it is more frequent in warm than in cold or temperate climates, between the tropics it is the ordinary consequence of all kinds of wounds, succeeding even the most trivial injuries. Dr. Rush considering Tetanus as essentially a disease of debility ascribes its prevalence in tropical climates to a relaxation of muscular fibre caused by excessive heat, in which relaxation he supposes the predisposition to it to exist; be this as it may, the disease is not only of more frequent occurrence in warm climates but its danger and intensity are also increased. Larrey found that Tetanus in Egypt was more violent and bore a greater resemblance to Hydrophobia than in the colder climates.



generally, and that it was most apt to occur when the weather or temperature passed from one extreme to another. He also remarks the powerful influence which situation has in developing the disease, agreeing in this with Boyer who says that "it is more common in marshy and maritime places than in those which are dry, elevated, and at a distance from the sea." This is also the opinion of most other writers who have had much experience with it.

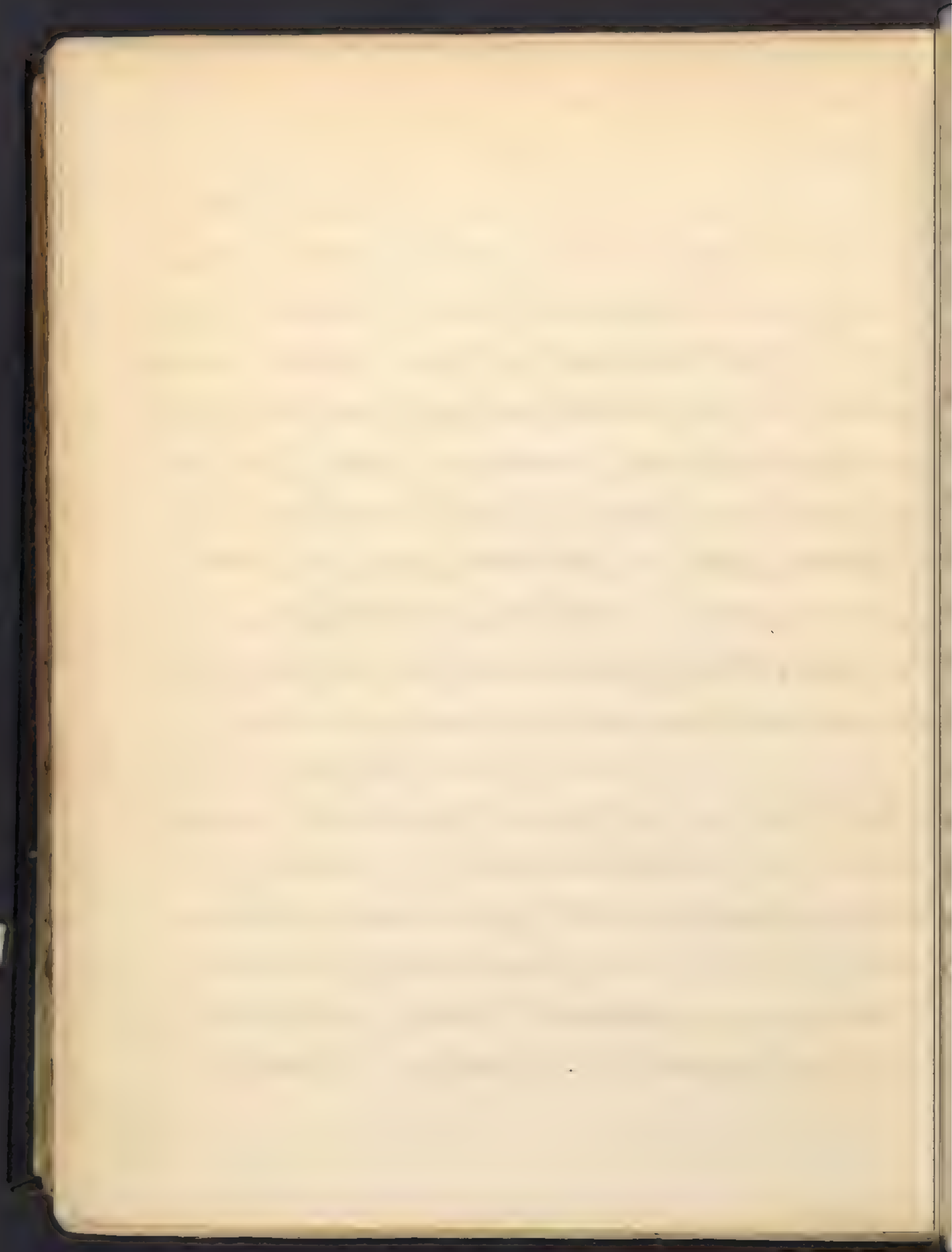
Persons of both sexes, every age and condition, are liable to this disease but ceteris paribus it is more apt to attack the robust and muscular, and persons accustomed to exercise than those of contrary make & habits, and it is partly, on this account, as well as from their being less exposed to the exciting causes that it occurs less frequently in women than men.

Traumatic tetanus is generally slower in its approach than the idiopathic - in some



in instances it comes on suddenly and with great violence, the most remarkable case on record is that mentioned by the late Mr. John Wilson of Edinburgh. The patient was a negro who scratched his throat with the edge of a broken plate and died of Tetanus in fifteen minutes after the receipt of this trivial injury. But more commonly its approach is gradual, being often eight or ten days and occasionally a much longer time from the infliction of the wound to the appearance of the first symptoms and this frequently happens, when the effects of the injury have subsided when the wound has healed and no pain or uneasiness remains.

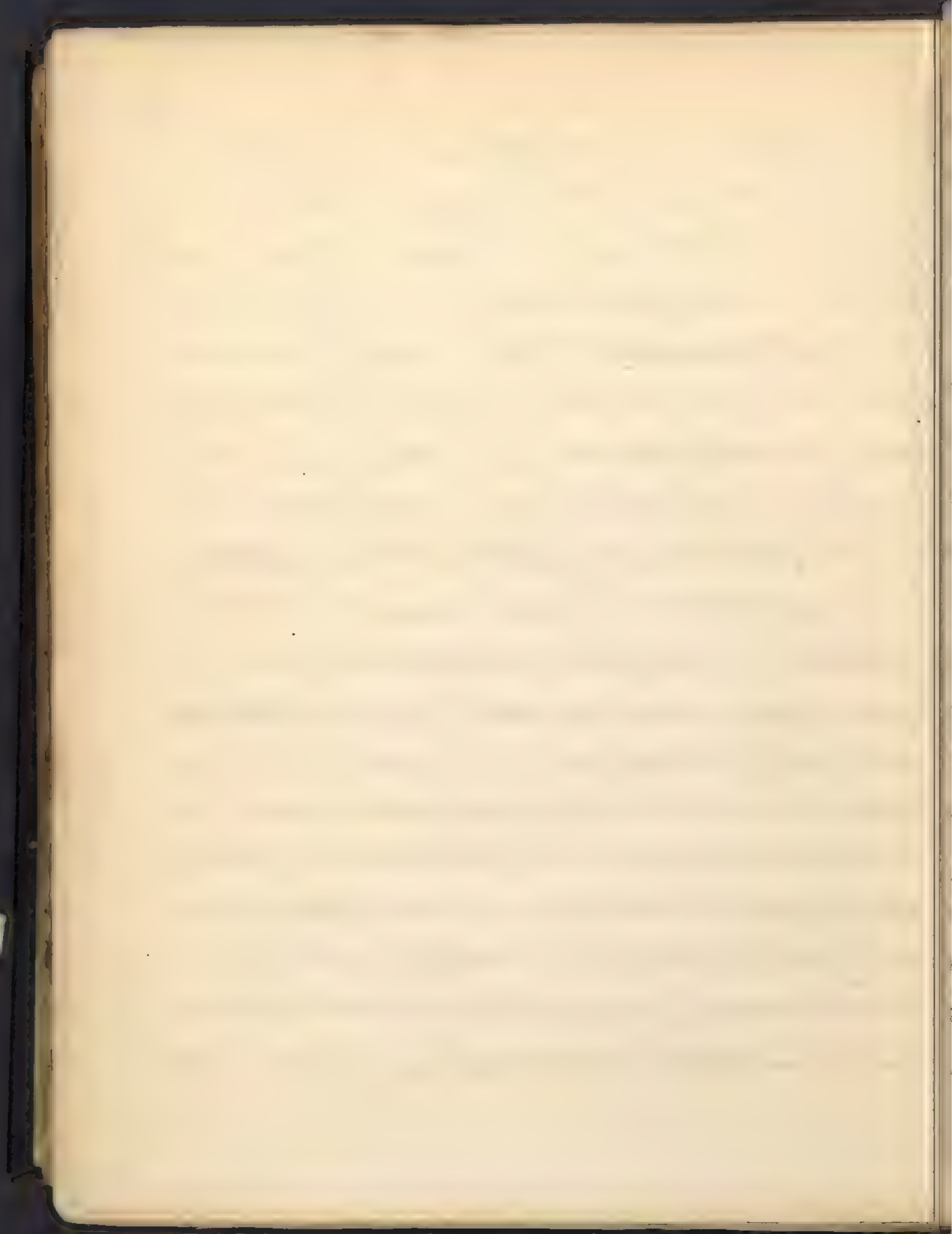
It is at first a slight stiffness in the back of the neck and about the shoulders which gradually increasing involves both the rotation and flexion of the head upon the neck. This is often mistaken for Rheumatism which it much resembles, but it is attended with a sense of rigidity and debility. The rigidity moreover extends to the muscles of the jaw and throat so



that mastication and deglutition become difficult and painful. about this time there is a sudden and violent pain shooting from the lower part of the sternum to the spine, this is felt from time to time and at each recurrence there is an aggravation of all the other symptoms: the muscles of the neck and jaw are immediately thrown into violent spasmodic action. the head is forcibly retracted, and the jaws are firmly closed. These periodical attacks of spasm become more and more severe, and their effects more lasting, so that the head is fixed in a state of retraction and the jaws are placed in permanent apposition, the teeth being set so firmly together as not to permit the least separation. These symptoms constitute what may be called the first stage of the disease which sometimes occupies several days, at other times it establishes itself with all its most violent symptoms in a few hours in which case the patient seldom survives beyond one or two days —

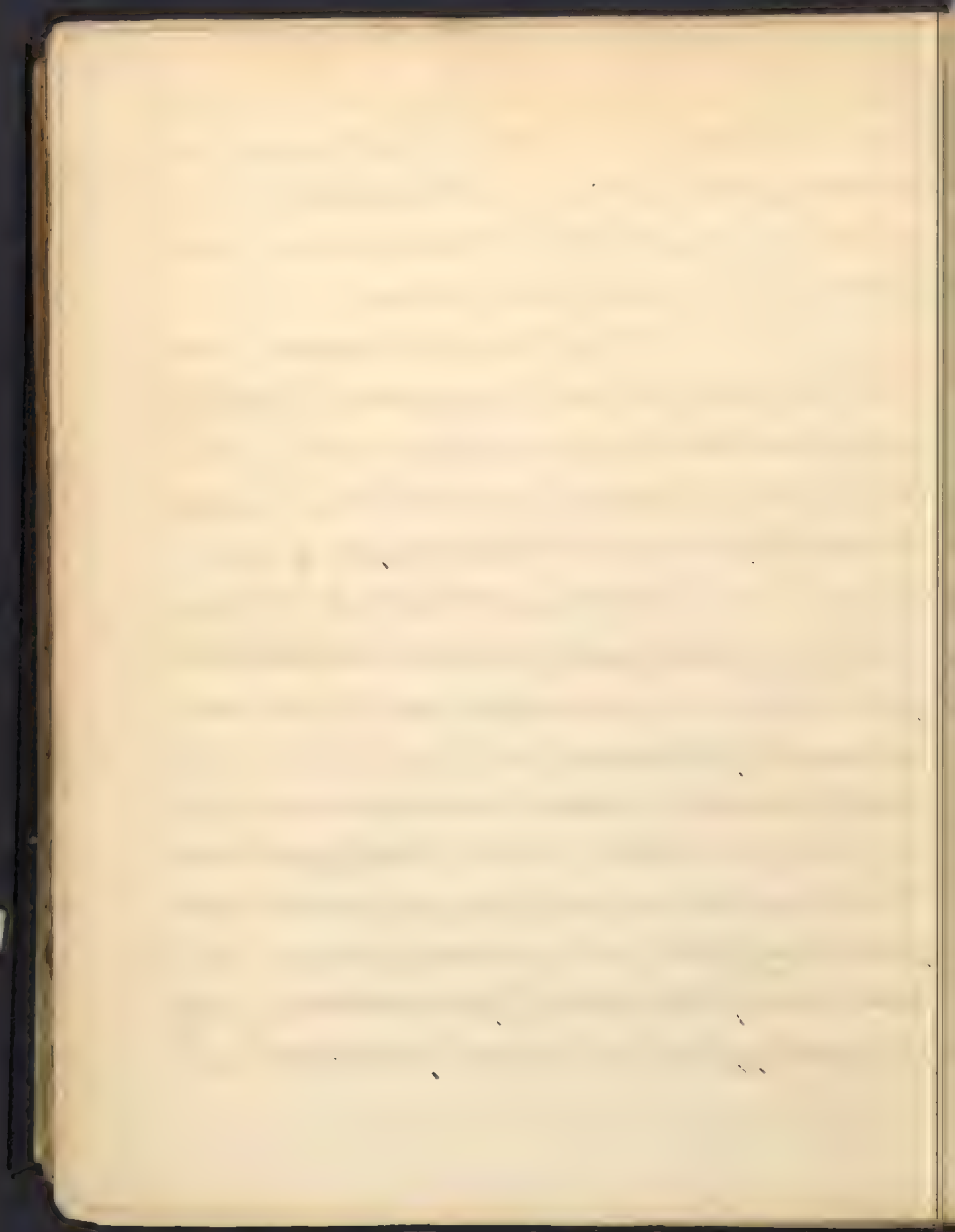


The ultimate period of the disease is marked by an increase of the spasms of the diaphragm both as to frequency and force and is accompanied by a incessant retraction of the head and by rigidity of the muscles of the ~~trunk~~ of the back extending even to those of the lower extremities: these by the force of their contractions frequently elevate the body in the form of a bow resting only upon the head and heels, a state which is more particularly designated by the term *Opiethotonos*. In a very short time a remission occurs, yet it is not so complete as to allow you to flex the patients limbs. The spasms of the muscles on the sides and fore part of the neck still continue, but their action is in a great measure overcome by the number and strength of the posterior muscles. The respiration is hurried and the pulse is small, fluttering and irregular but both become more calm slow and natural during the remission. The face though sometimes pale in the intervals is generally flushed and the whole countenance exhibits the strongest expression of the most



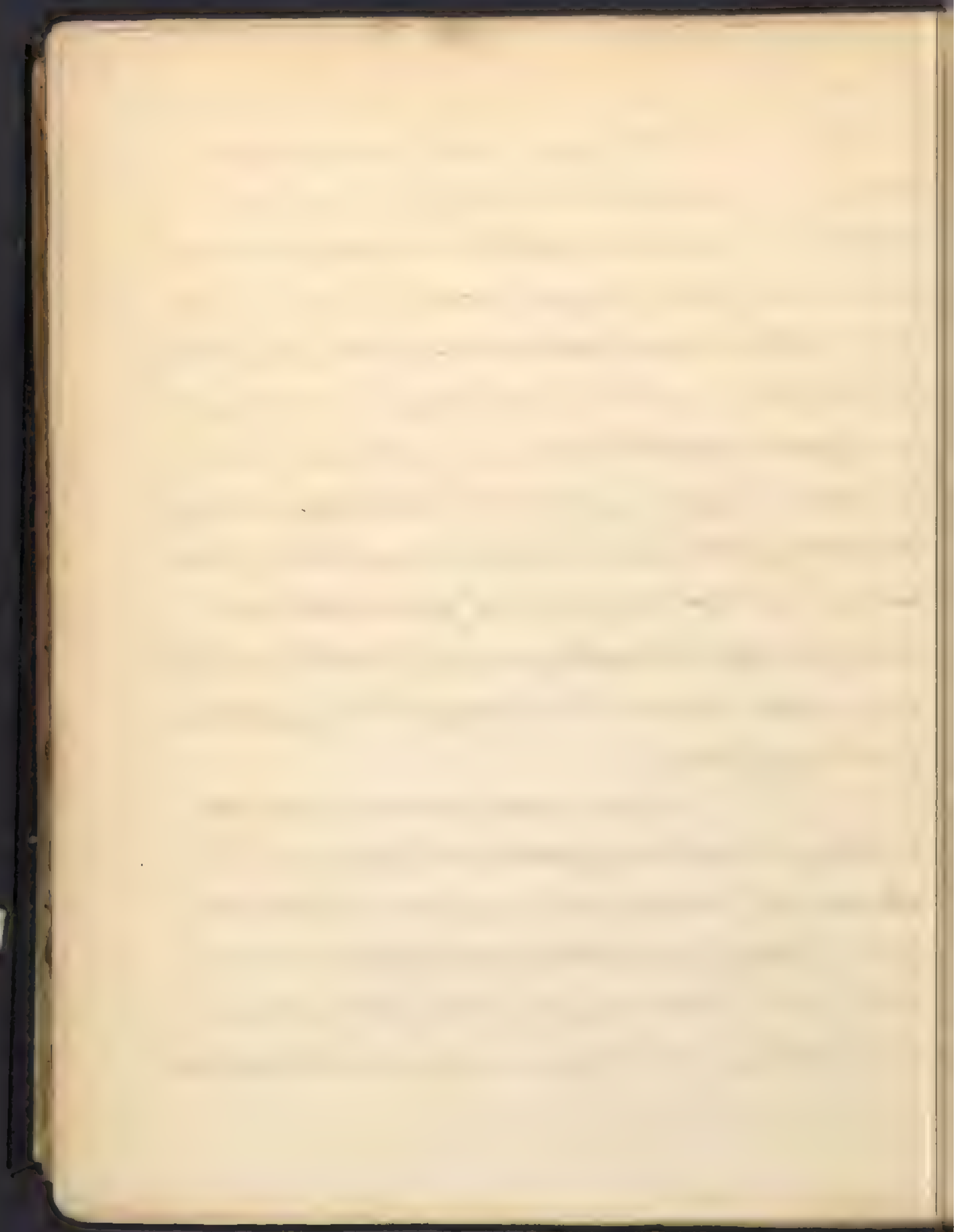
melancholy distress, the patient generally desires to lie as still as possible and to avoid all attempts at drinking, speaking or any kind of motion as these are very apt to induce a return of the spasms—

The flexors of the neck & the muscles that depress the lower jaw become affected in the progress of the disease. The abdominal muscles are also involved in the same tetanic rigidity, so that the abdomen is retracted towards the spine and feels hard like a piece of board. The spasmodic contraction of these and the other flexors becoming sufficiently powerful to overcome ^{in a great measure} the action of the extensors is a circumstance which indicates the advance of the disease; the body and limbs are rigidly extended a condition to which the term Tetanus was formerly considered as alone strictly applicable. The disease has now scarcely any remission and the patient suffers the most excruciating torments. The recti muscles of the abdomen often contract unequally giving the appearance and feel of hard tumours



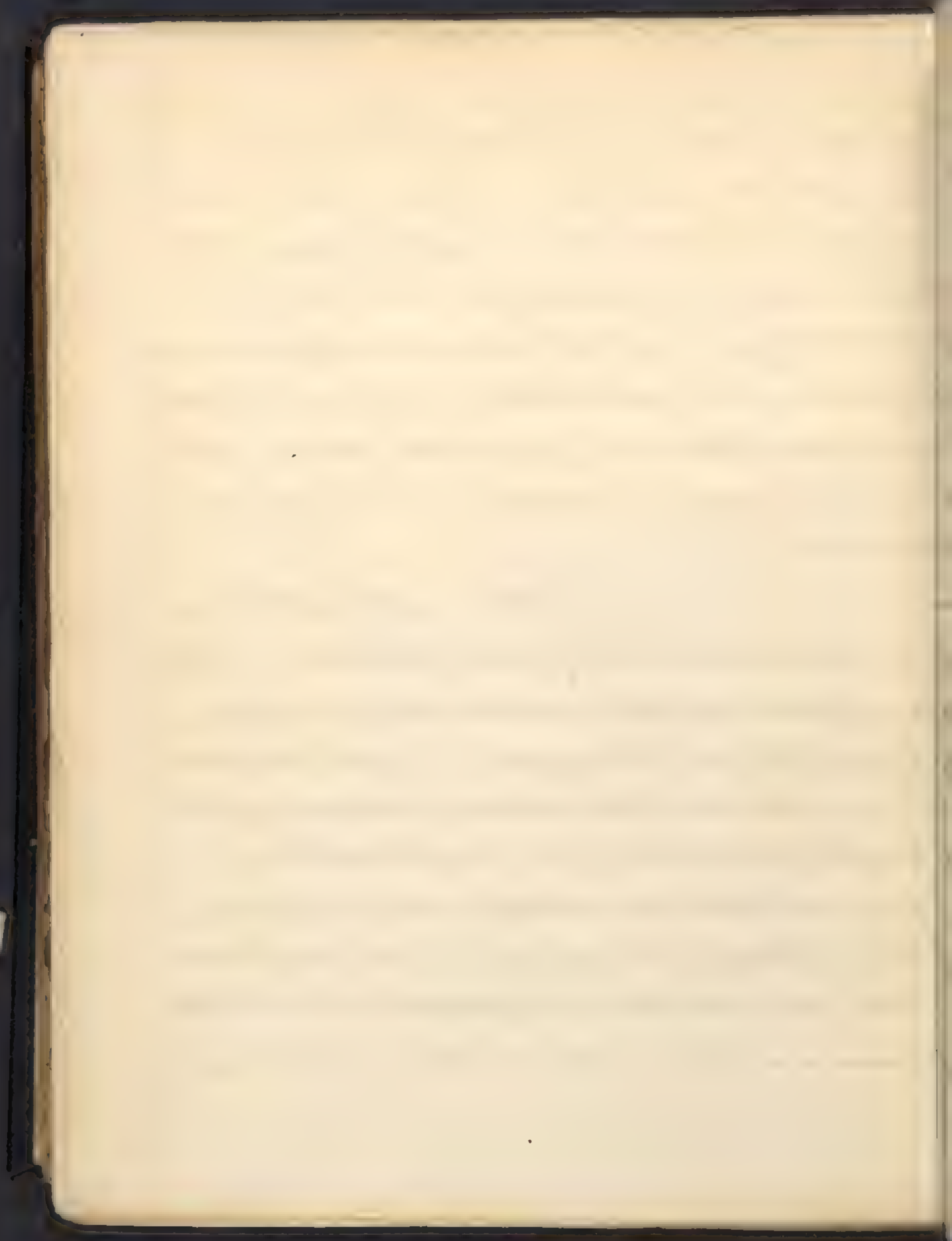
in different parts. The muscles of the lower extremities though in a state of the most rigid contraction at this period are occasionally thrown into such violent action during the paroxysm that, if not prevented by the attendants the patient would be precipitated off the bed, or would be pushed upwards with such an impetus as to strike his head with great force against any opposing object. Sometimes though rarely the action of the flexor muscles overcomes that of the extensors and the body is bent forward the chin resting on the breast, this occurs only in the most violent forms of the disease and constitutes the Emprosthotonos of the nosologists —

In the most violent cases all the voluntary muscles are affected, the features are variously altered, the forehead is drawn up into wrinkles, the eyes are either fixed in their orbits or distorted, the alæ of the nose are drawn up and the cheeks retracted towards the ears, The tongue is suddenly protruded between

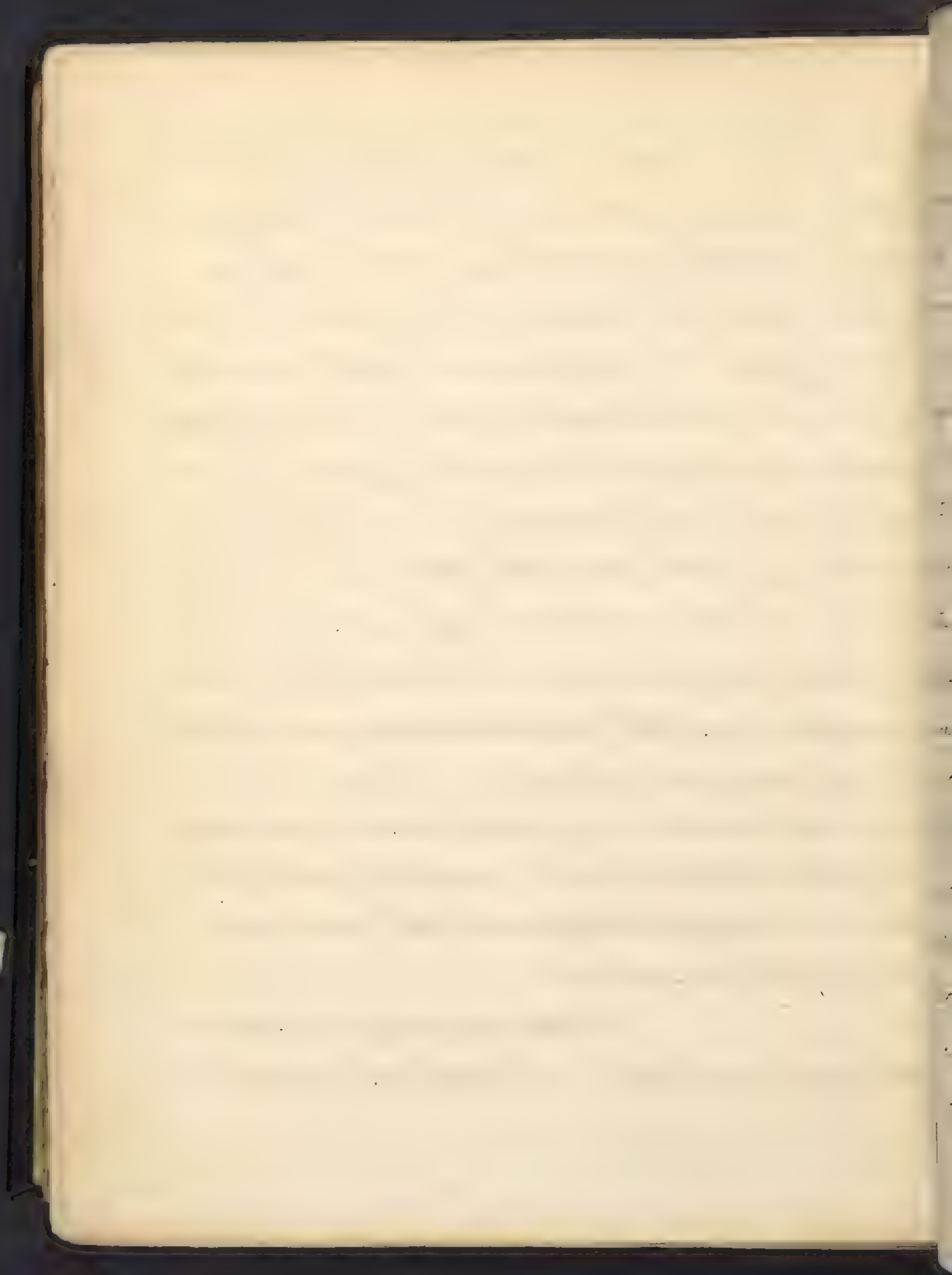


the teeth and often severely lacerated by the jaws spasmodically closing, at the same moment: the eyes are watery and languid and a froth which is sometimes tinged with blood issues from between the lips. When tetanus arrives at this stage or more continued or violent spasm, generally closes the scene, or should there be too much exhaustion to admit of this mode of termination delirium supervenes, when death is preceded by a general muscular relaxation.

One of the circumstances attending this disease most worthy of notice, is, that there is scarcely any function except that of muscular action primarily affected, the senses and appetites are perfect, the intellect is undisturbed, and the natural functions are equally exempt from disorder, fever rarely attends, the pulse being not in the least altered in the early stage of the complaint when only a few muscles are affected with spasm: it becomes accelerated only when the disease is nearly universal, and this merely in consequence

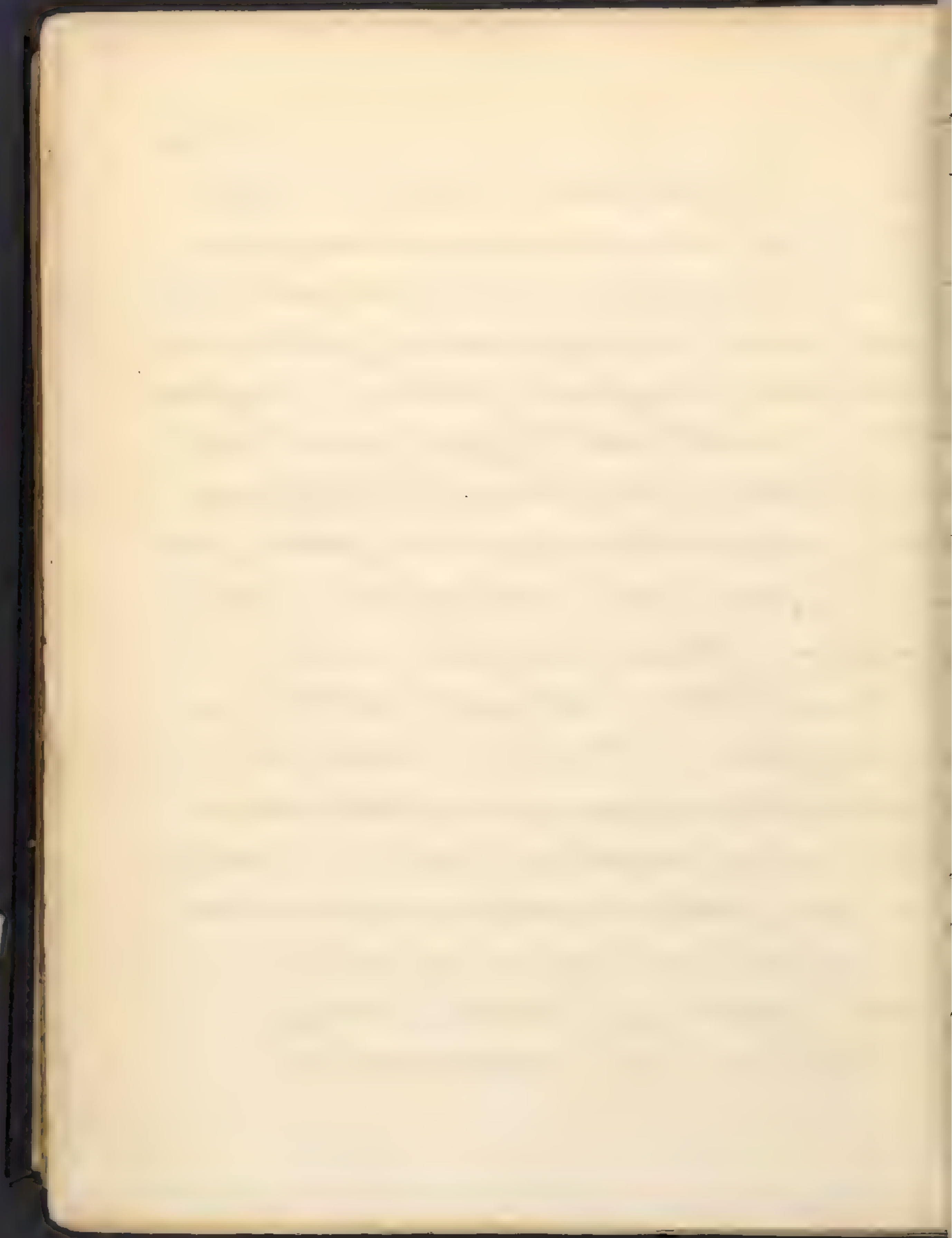


advances, ^{it} becomes covered with a cold sweat; vomiting
 also occasionally takes place in the beginning but
 this soon subsides, and it is usual for the appetite
 to remain unimpaired throughout the whole course
 of the disorder, and the food that may be taken to be
 well digested. The different excretions are also affected.
 the urine (which is said to be high coloured and more
 or less turbid) is voided with pain and difficulty,
 owing most probably to a spasmodic affection of the
 sphincter of the bladder. At other times its secretion is
 suppressed - Obstinate constipation prevails in every
 instance and the most powerful cathartics are
 required to overcome it; Mayer thinks that this is
 most probably owing to a spasm of the intestines
 others attribute it to the opium which is usually ad-
 ministered for the cure of the disease but this latter
 does not appear at all probable, from the circumstances
 that constipation prevails to a great degree in cases
 where opium is not resorted to. but there can be



of the mechanical action of the muscles upon the blood vessels, which, it is well known will hurry on the circulation more than the blood upon the heart in greater quantities, rendering the pulse more frequent and irregular, the respiration as might be expected is hurried from the same cause and the temperature of the body increased. That these symptoms are not the result of febrile excitement is rendered very evident from the state of the blood which when drawn does not exhibit the buffy coats as in the inflammatory diseases, as well as from the entire exemption from the functional derangement which usually attends the pyrexia; in some rare instances when the disease is very violent there is more a less of febrile action, but this is more frequently the case in the Idiopathic than in the Traumatic species of the complaint—

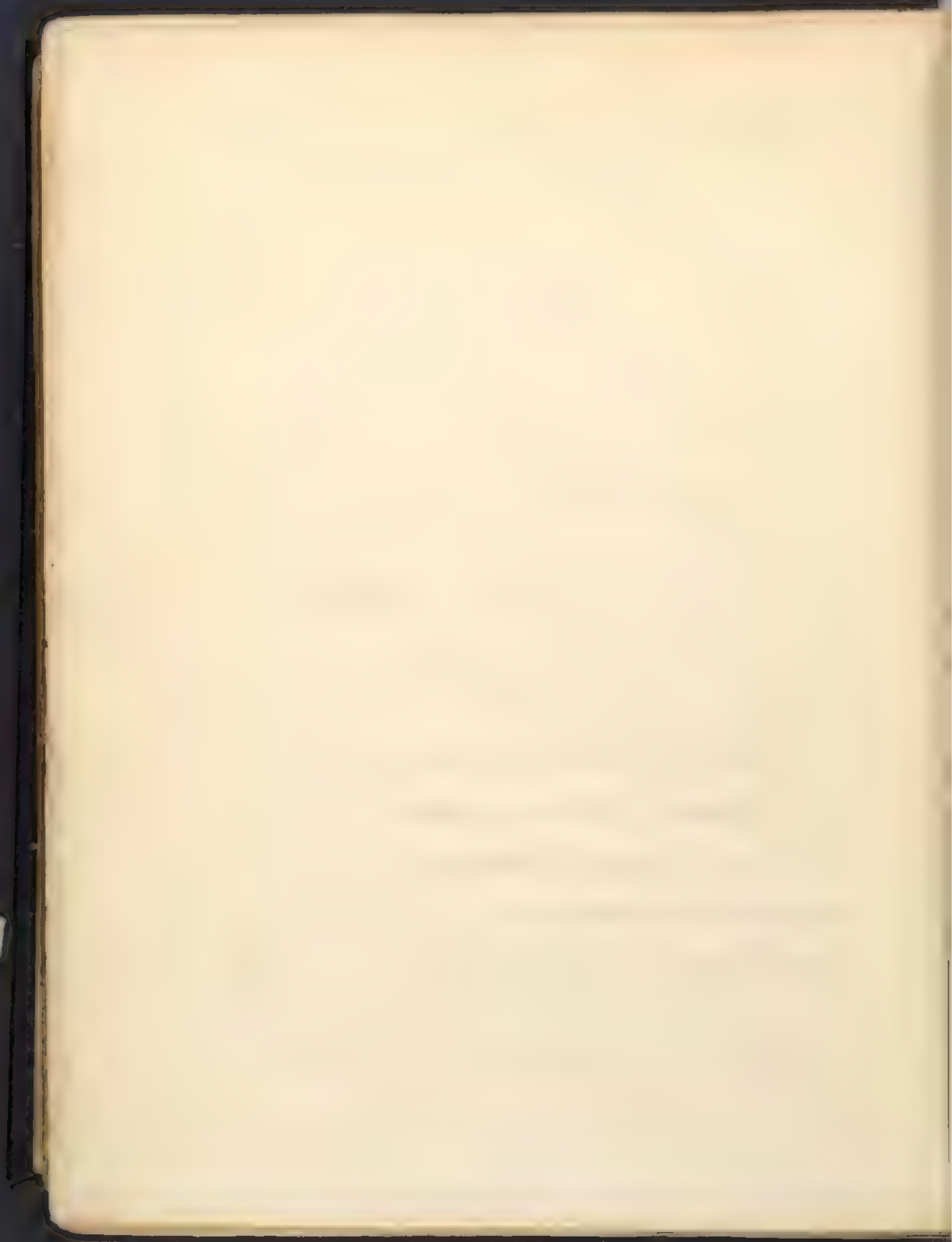
In the early stages of Tetanus the state of the skin is perfectly natural, but as it



no doubt that it is aggravated by the use of this medicine —

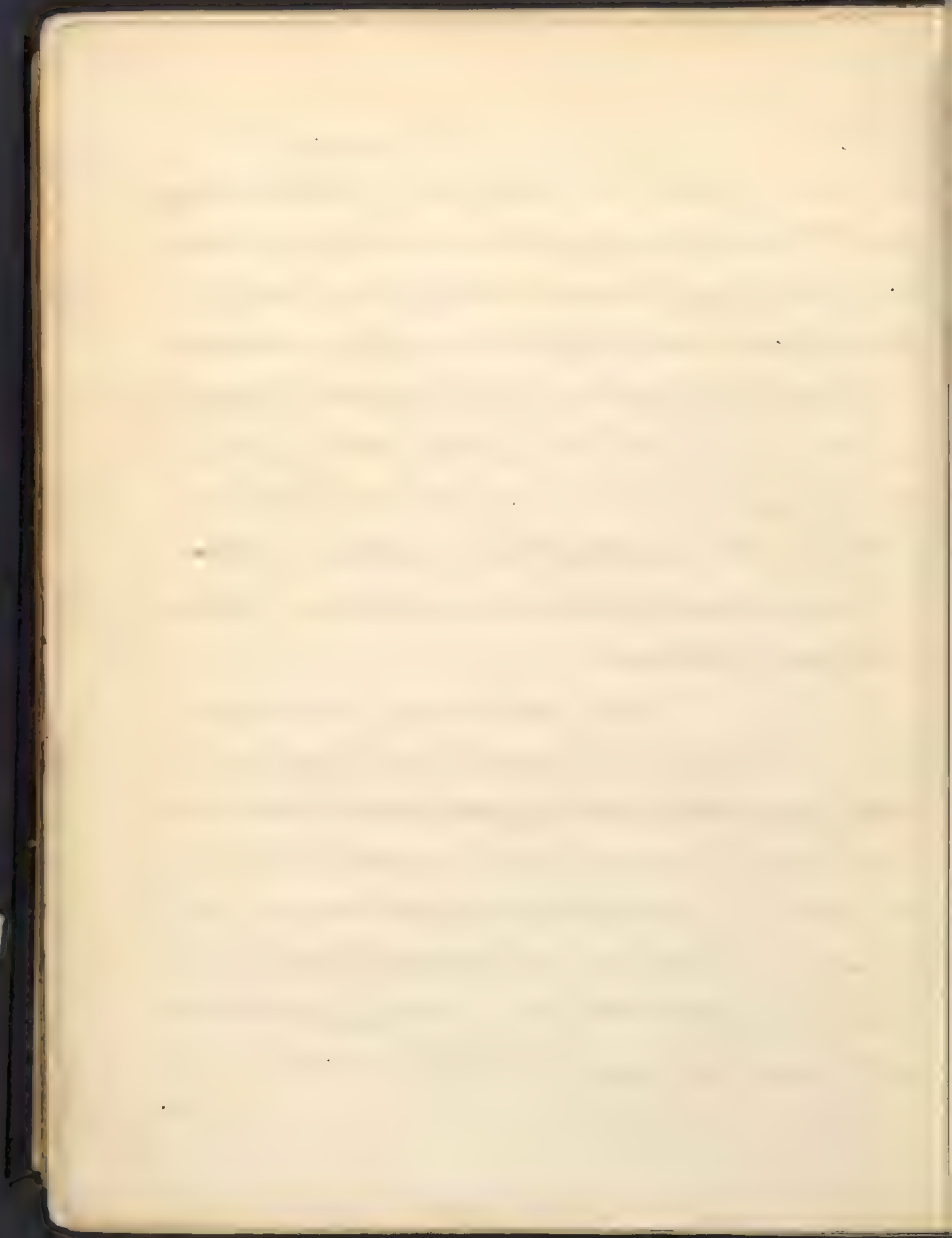
The most prominent symptoms of Tetanus have been enumerated and it only remains to notice some of the preliminary signs — those as the more form of the disease when once established is so uniformly fatal are of the highest importance, and we should sedulously attend to what we may name as of its approach or enable us to avert an attack —

It has been remarked by Richerand that a continued extension of the limbs during sleep in wounded persons is often a precursor of Tetanus and usually manifests itself some time before the muscles of the jaw and throat are affected — this is a symptom to which we should pay particular attention when there are punctured or lacerated wounds particularly of the lower extremities — some premonitions of danger may also be derived from the increase of pain, irritation and restlessness, nervous twitchings difficult to



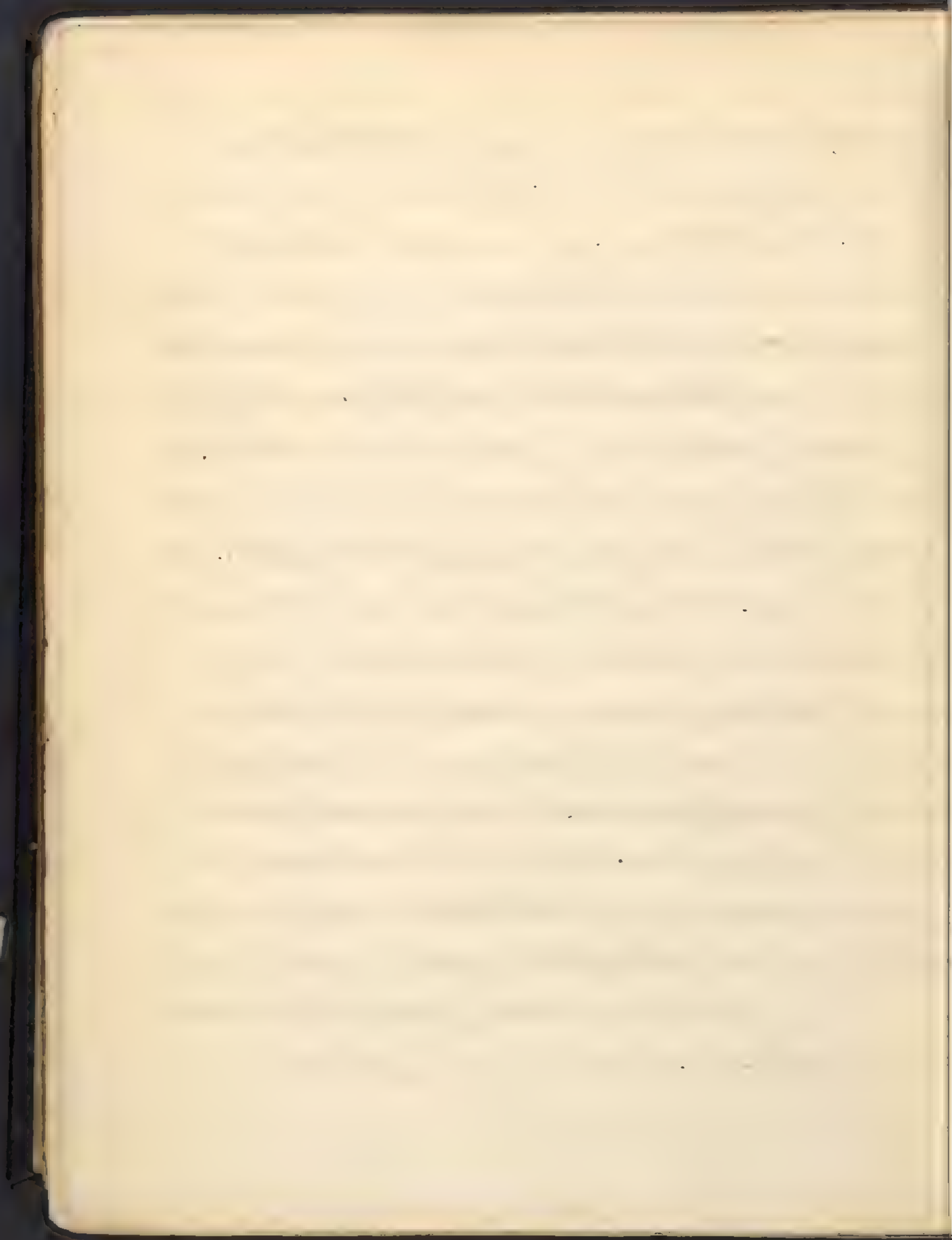
deglutition or in the motion of the head, pain at the scrobiculus cordis, also the suppurated or vitiated discharge from the wound; Larrey has recorded several instances where tetanus was preceded either by a dry state of the wound or where it afforded only a very deficient serous discharge and Dr. Reid in the Edinburgh Medical & Surgical Journal observes, that on the removal of the dressings the wound was found to be covered with a dark coloured unhealthy looking matter and that he had noticed this appearance to precede tetanus in two other instances.

The post mortem examinations of those who have died of tetanus have afforded very little information respecting the nature of the disease, sometimes slight effusions are found within the cranium, the arachnoid and villous coat of the stomach are generally more or less inflamed, but this appearance is not confined to this disease, it is frequently met with in cases of sudden and violent death: in



addition to this Baron Larrey found the pharynx and oesophagus much contracted and covered with a viscid reddish mucus. in several instances a considerable number of Lumbrici were found in the intestines these he thinks may have aggravated the disease. — Mr. Bonnet holds the following language respecting post mortem appearances. "In the dissections I have made of this disease I have been much disappointed. I never found any peculiar appearance in the wounds themselves except in one instance when the radial nerve was somewhat thickened and a small splinter of bone was sticking in it, the man lived six weeks" (The inflamed or lacerated appearances frequently observable in the stomach, fauces, larynx &c, appeared to him to be occasioned more by an increased flow of blood to them consequent on their increased action than from any other cause.

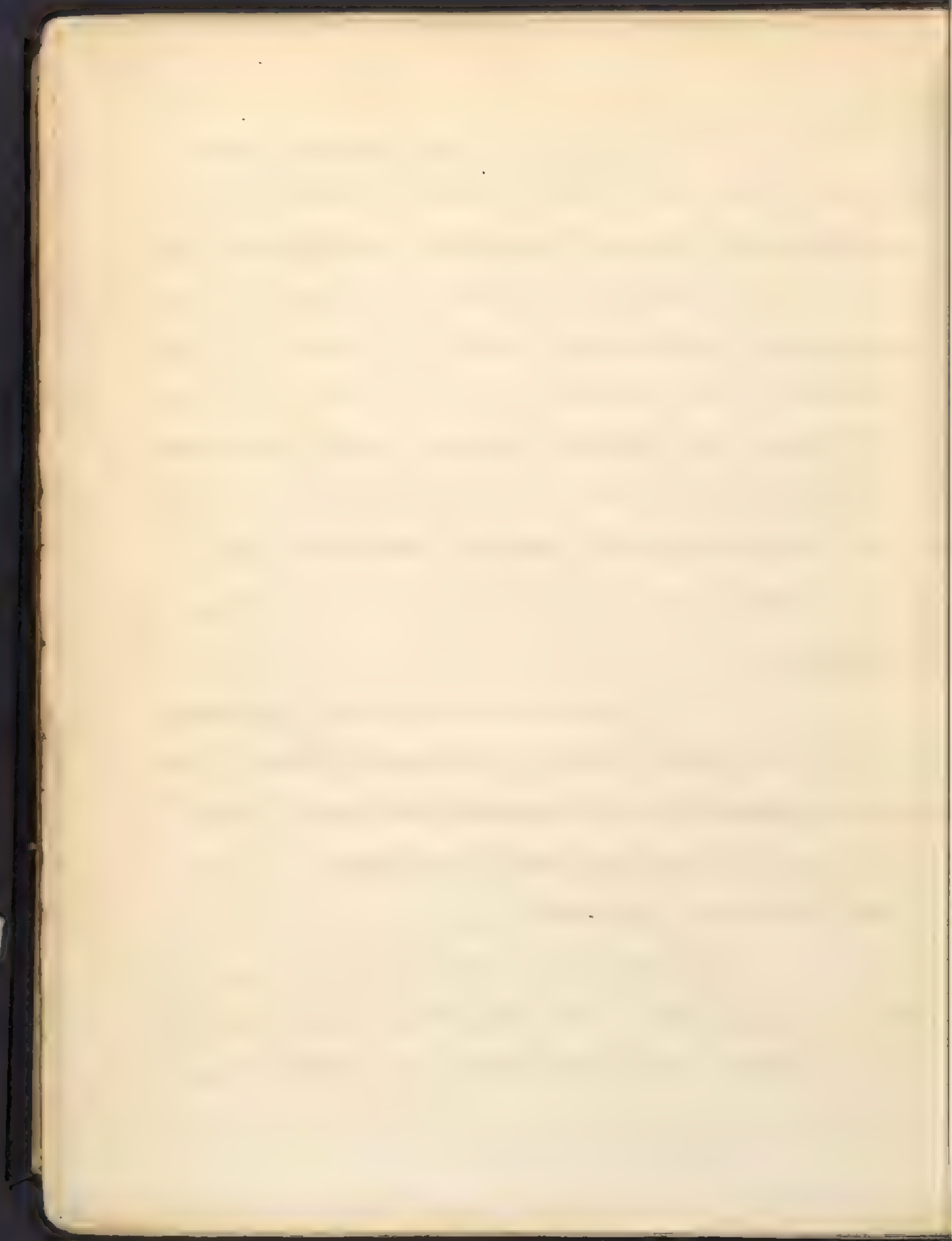
Dr. Reid of Dublin found the membranes investing the spinal marrow much inflamed and a



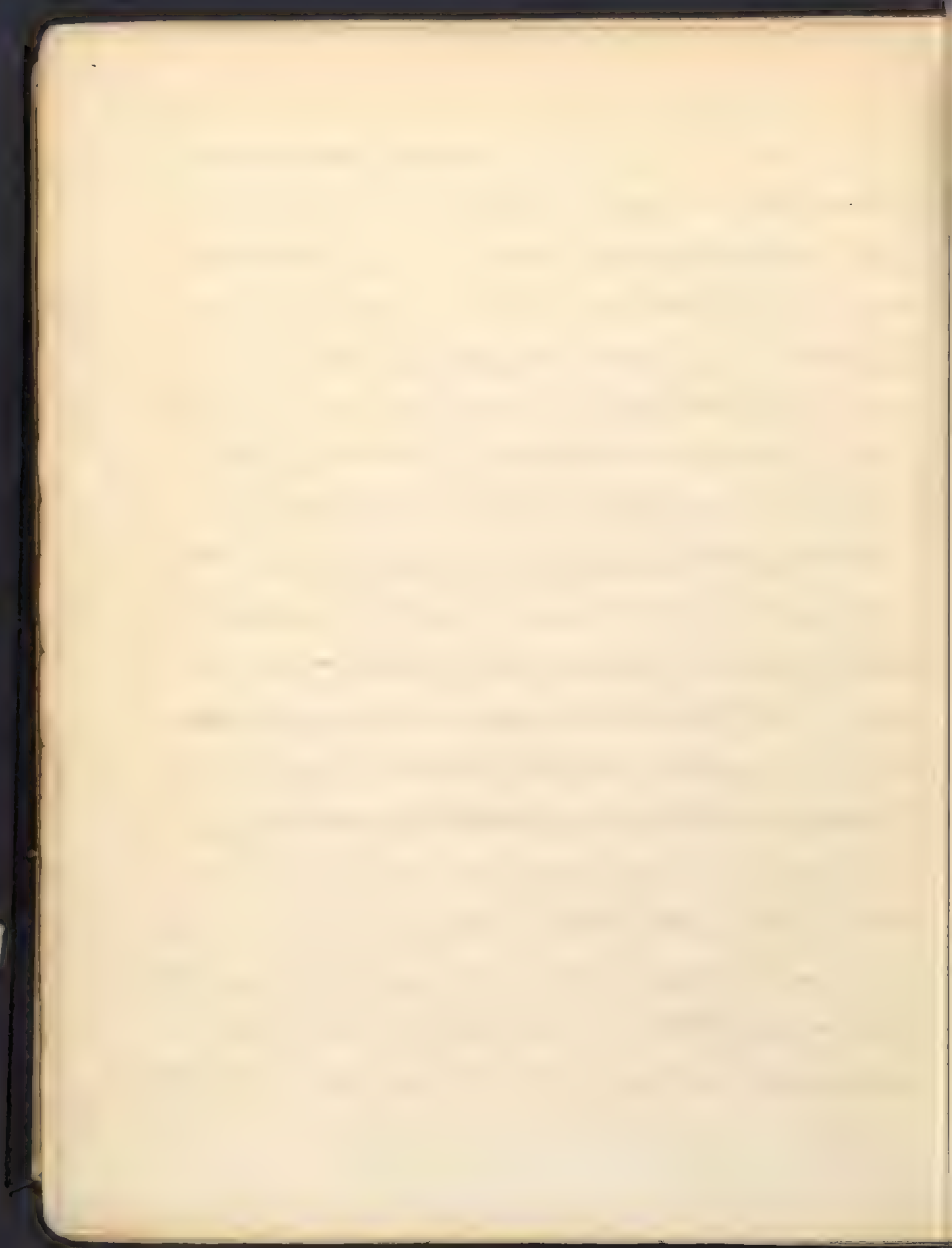
considerable effusion of blood into the cellular tissue.
 connecting the dura mater with the vertebrae, and in
 some places he observed a whitish substance resembling
 medullary matter, effused between the tunica arach-
 noidea and pia mater which he could wipe off
 on breaking the membrane investing it; but could
 not discover the slightest rupture in the pia mater
 or any of its vessels; the only appearance remarkable
 in the medulla spinalis itself, was that its cortical
 and medullary portions had a deeper tinge than
 natural —

There is a curious case recorded by Horsburgh
 in the 22nd vol of the Edinburgh Medical & Physical journal
 where on dissection the heart was found to be firmly
 contracted, evidently partaking of the tetanic rigidity
 of the voluntary muscles —

Prognosis. This will in general be unfavorable,
 but more especially so when the disease turns quickly
 and soon attains its most violent stage, the danger

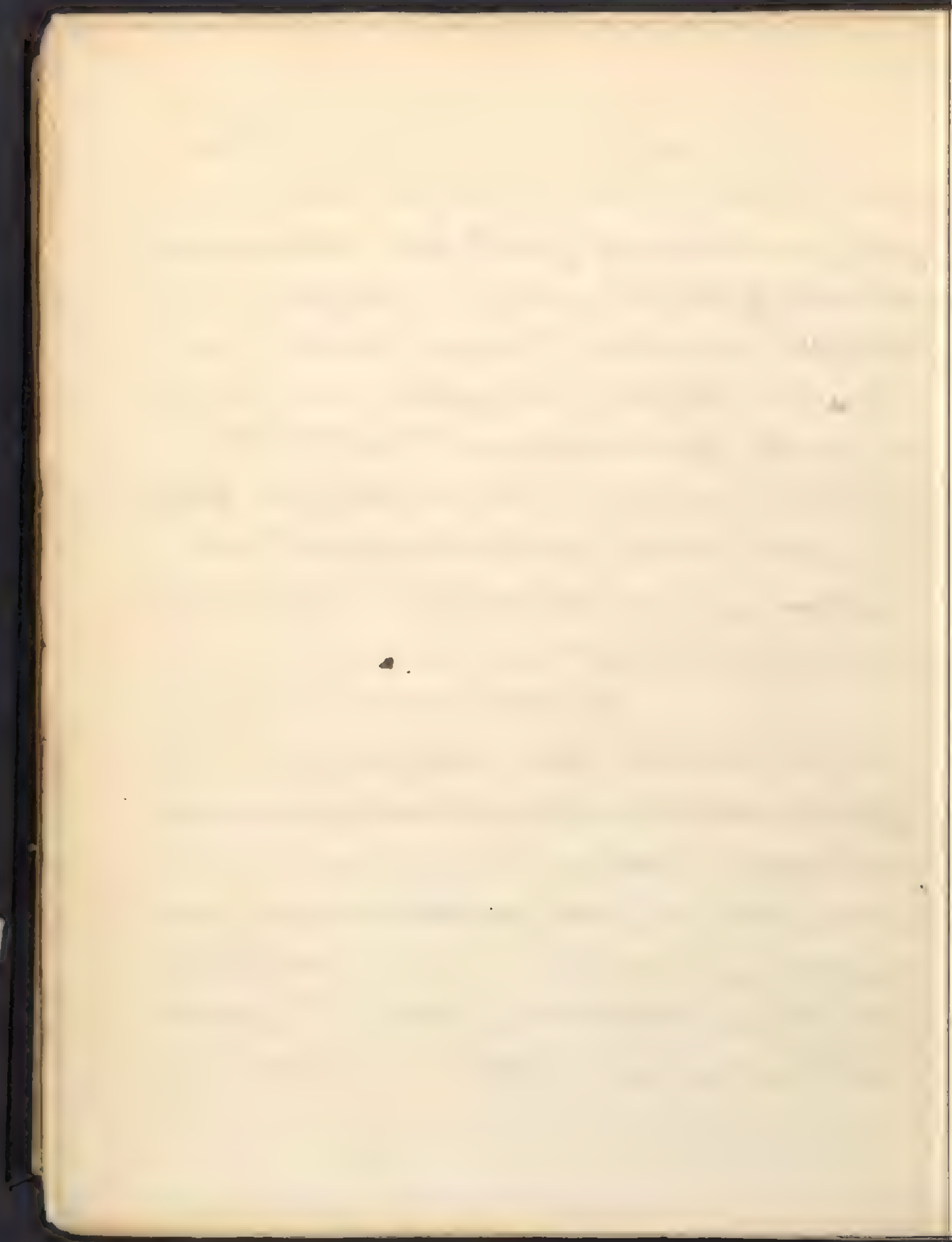


being proportioned to the rapidity of the attack: patients thus situated generally die in twenty four or forty eight hours, rarely surviving beyond the third day; but when the disease comes on slowly, and the symptoms are gradually developed and the patient survives after the tenth or twelfth day there is a greater hope of a successful termination. The state of the circulation so much insisted on by Dr Parry as indicating the degree of danger appears from the statement of Mr. Bennett not to be entitled to the slightest confidence he remarks - "From the state of the pulse I have derived no clue to either the proper treatment or the probable event; it has in the cases I have met with been astonishingly unaffected; from the state of the skin I have been left equally in the dark, sweating which some have imagined critical I have seen excessive during the whole course of the disease and attended with a most pungent smell while in others it has never appeared at all"



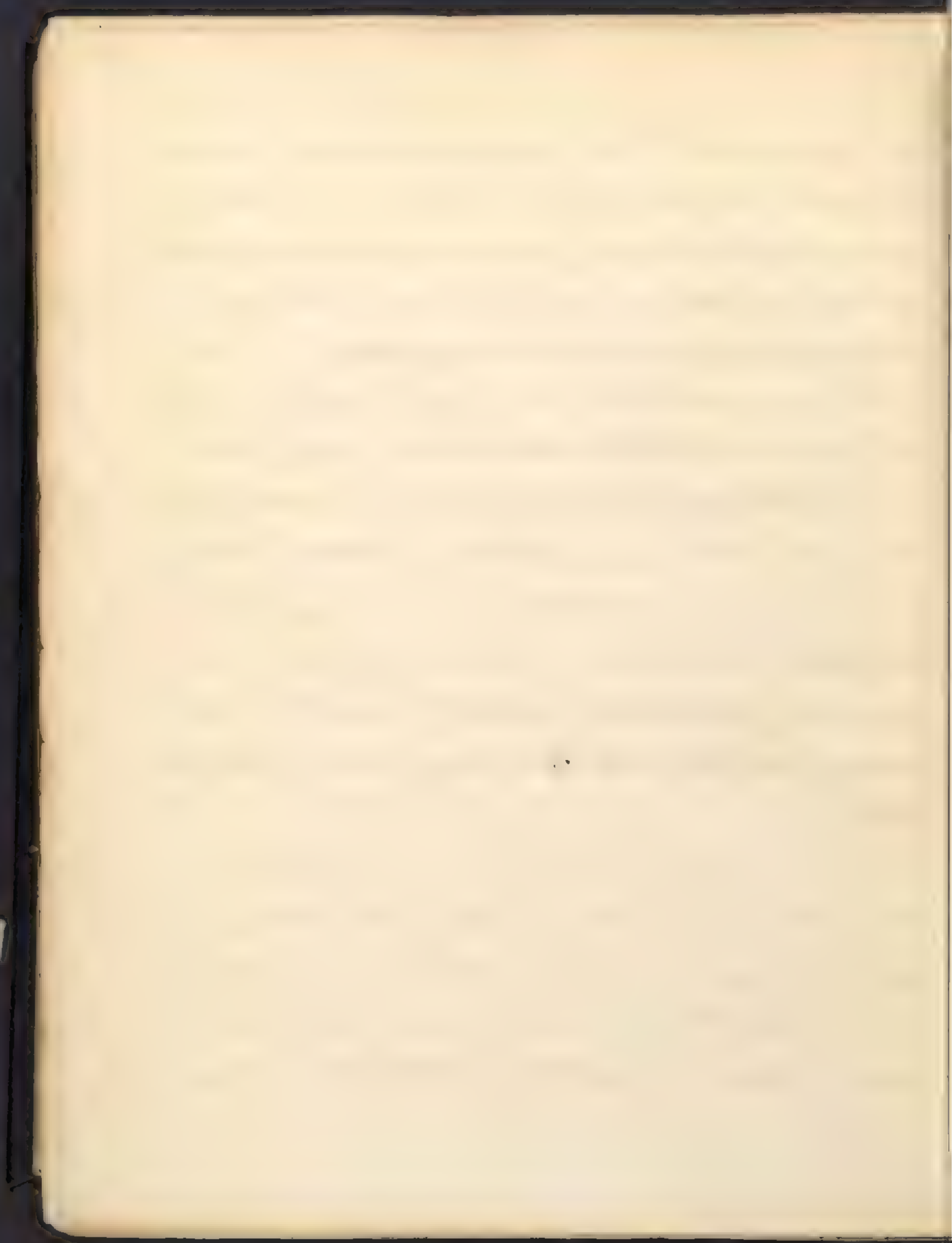
Concerning the Prognosis scarcely any thing need be said. The permanent spasmodic closure of the jaws, the rigidity of most of the voluntary muscles, particularly those concerned in mastication and deglutition, the pain shooting from the lower end of the tæcum to the spine, the appetite remaining unimpaired, the digestive as well as almost all the other functions being well performed, and the entire exemption from cerebral disorder and febrile excitement, are symptoms sufficiently characteristic to will always prevent us from mistaking the disease.

The treatment of Tetanus next claims our attention. This is subject abounding in difficulties which in the present state of our knowledge of the nature of this disease we can scarcely hope to overcome. When we reflect upon the obscurity in which the pathology of Tetanus is involved and the little light that has hitherto been thrown on it by dissections we will no longer wonder that our practice is almost

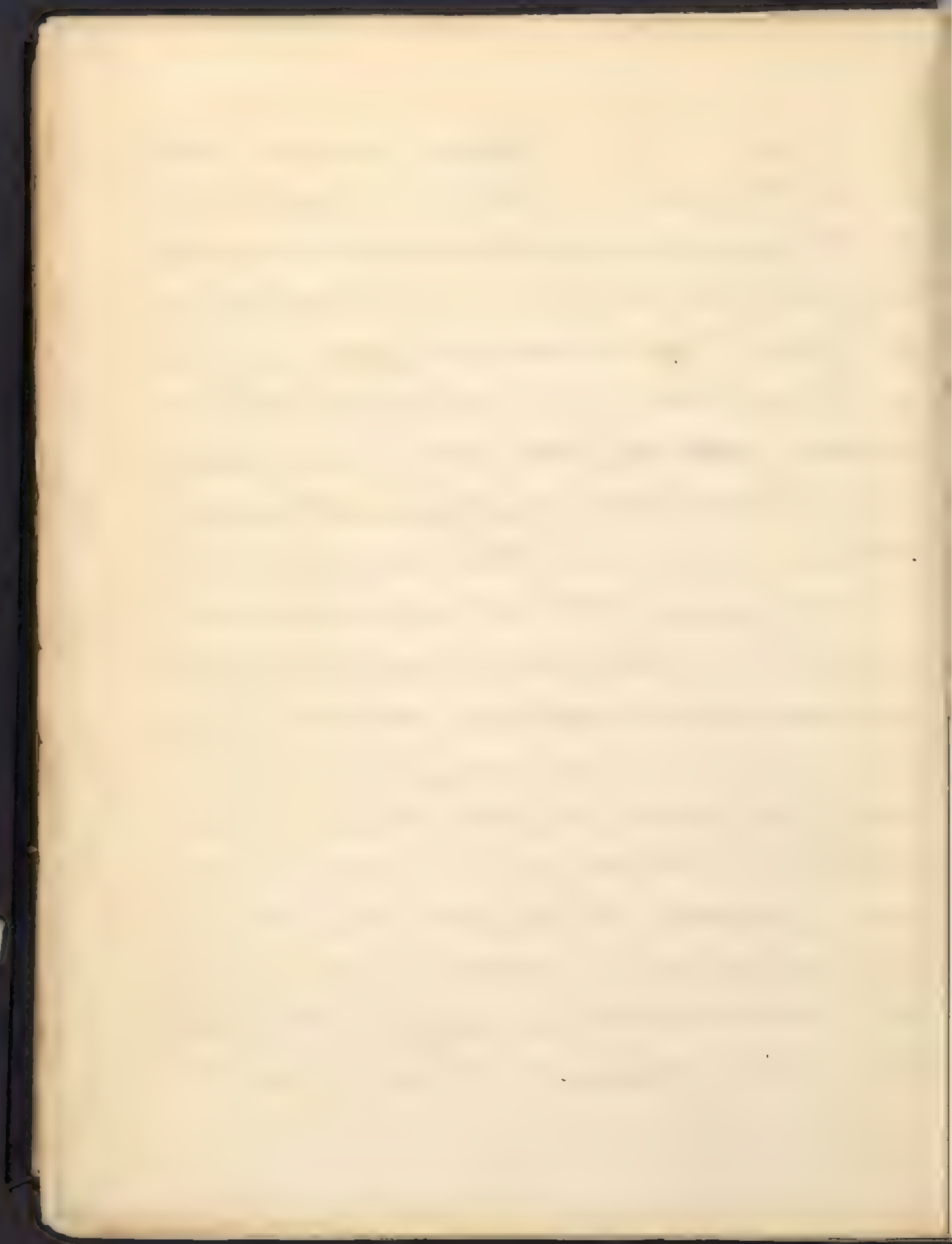


entirely empirical or that there should be such a number of opposite remedies proposed for its cure & that so many different modes of treatment founded entirely upon speculative notions, should each in their turn have enjoyed only a short lived reputation. For it is not by plausible theories nor by speculative powers be they never so brilliant that the obscurity which shrouds this subject is to be dissipated and the difficulties by which it is surrounded surmounted. This can only be done by patient research and accurate observation and it becomes the duty of those who have the opportunity faithfully to collect and arrange all the facts that may tend to its elucidation.

The indication of cure applicable to most other diseases (viz) the removal of the exciting causes cannot be of any avail in this, which for the most part consists in a morbid condition entirely independent of them, or should they still continue to operate



are in a great measure beyond our control. The disease often refuses to yield to any mode of treatment and the same remedies which have been successfully employed in some cases have not been productive of the slightest benefit in others to all appearance precisely similar. Where there is any suspicion that the local irritation is still acting, the best mode of counteracting its effects would be to intercept by suitable incisions all nervous communication between the wounded part and the sensorium. But when the disease is once fully formed and the violent symptoms have supervened experience has abundantly shown that this will be of no service. Even amputation the efficacy of which in arresting the march of the disease has been so much extolled will not under such circumstances procure even any mitigation of the symptoms. Larrey the most strenuous advocate of amputation in tetanus arising from a wounded extremity expressly limits the operation to chronic tetanus, where he says it may be

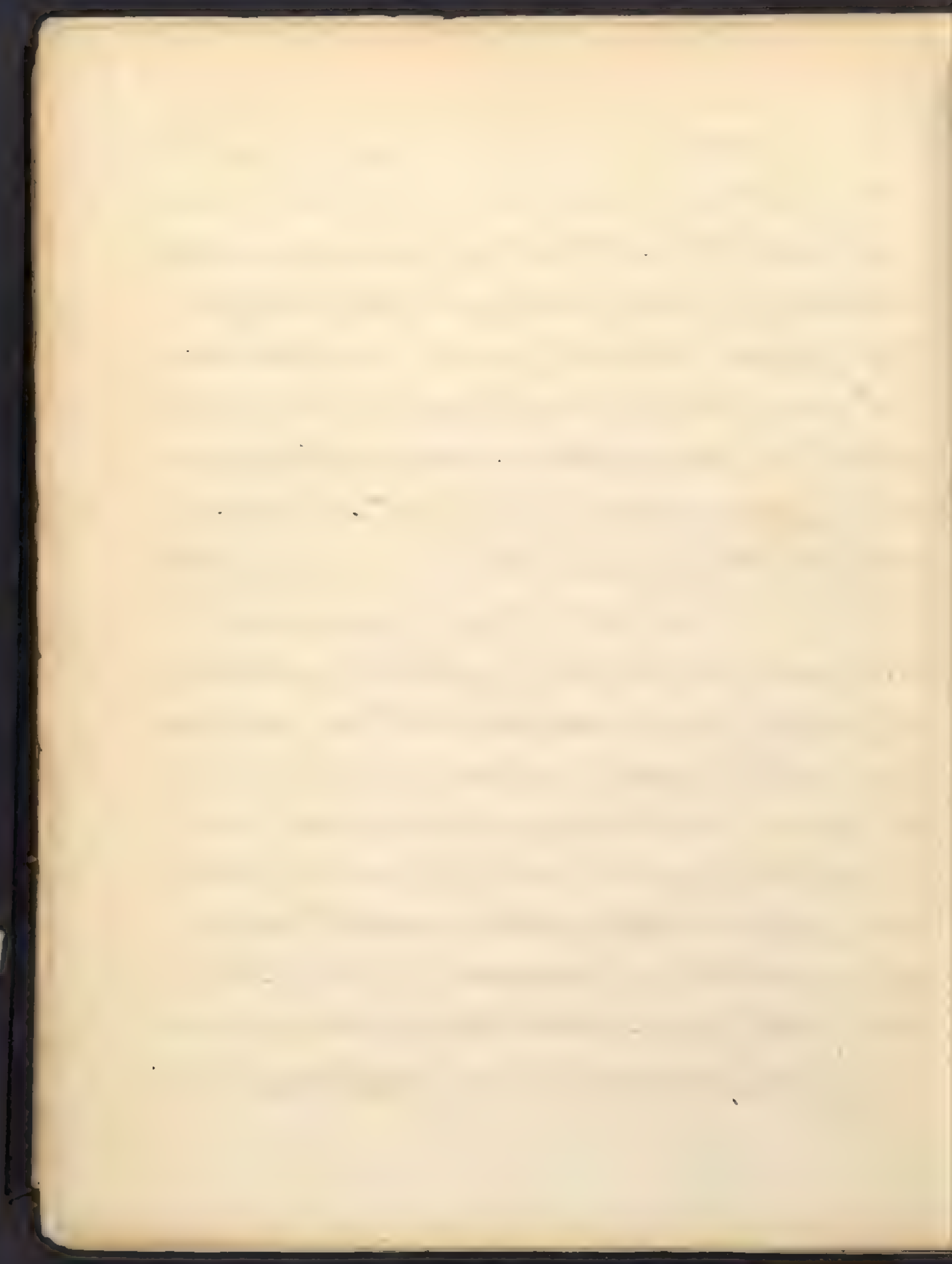


advantageously practiced "in any stage of the disorder
 provided the operator choose a judicious ~~time~~ ^{time} the symptoms
 intervene" and to the incipient stage of acute tetanus;
 he remarks "it will not succeed as well in acute
 tetanus if it be advanced and the muscles of the limb
 to be amputated be strongly contracted and rigid"
 he cites a few instances of chronic tetanus that refused
 to yield to the ordinary mode of treatment but which
 were completely cured by amputation, there are also
 a few cases recorded by other writers in which ampu-
 tation was successfully practiced Mr. Hermann states
 that he saw a case in which this operation was attended
 by the happiest results; yet notwithstanding the partial
 success that has attended the operation it is not
 probable that it will be generally adopted; it has been
 tried extensively in the British army but without
 success, Sir Astley Cooper also disapproves of it in the
 most pointed manner the death of the patient
 seemed to him to be accelerated by amputation



in a case of tetanus arising from a compound fracture just above the ankle and in another case which came under his notice the finger was amputated without any benefit resulting. he also heard of a third instance where the operation was attended with same want of success; he remarks in conclusion

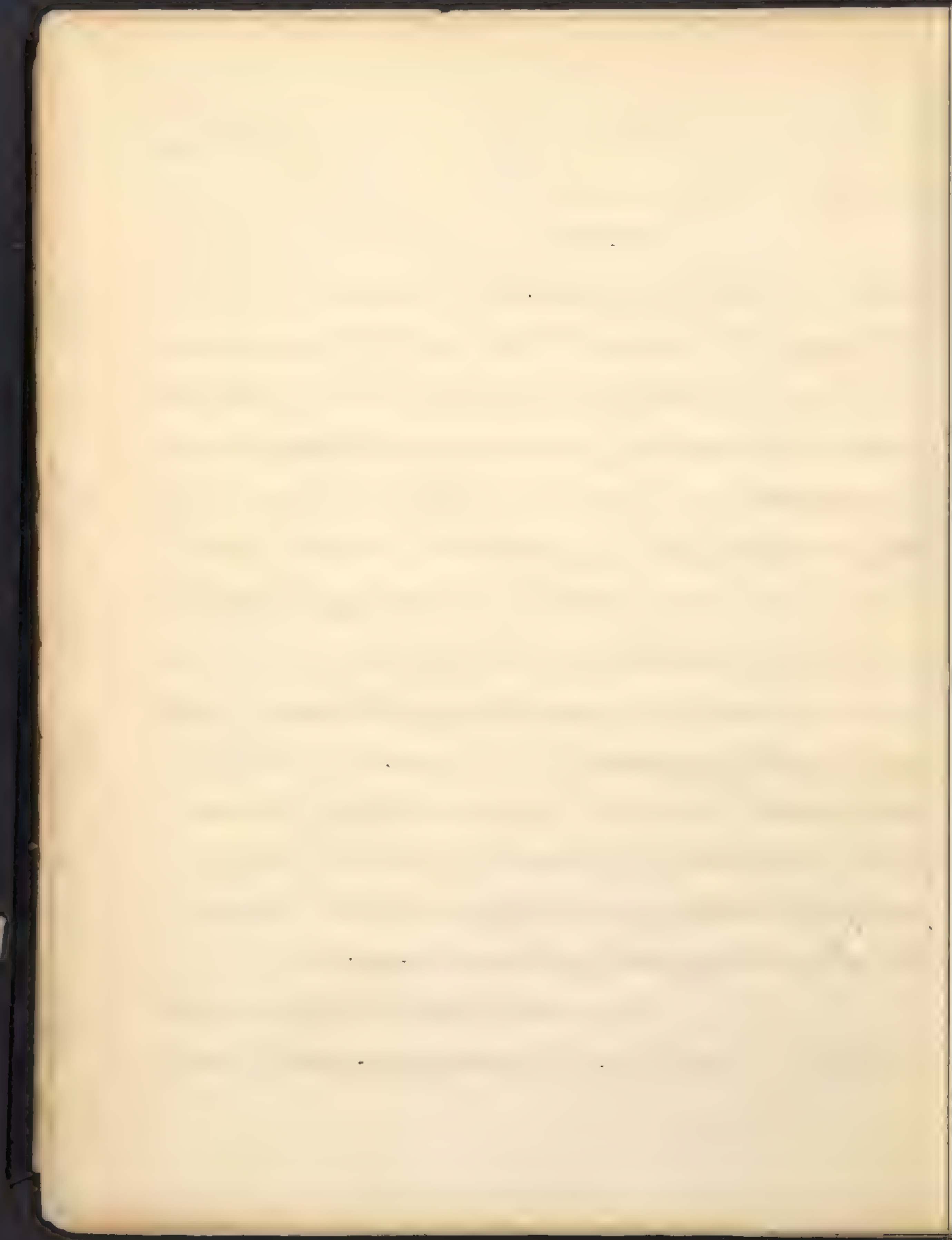
"There is a species of chronic tetanus which sometimes even succeeds wounds and which will occasionally get well and apparently it recovers, even if little be done by medicine and nothing by surgery. and in such a case it would not be justifiable to amputate as the patient will get well without it" now this it would appear that amputation is at best not only a very uncertain means of cure but may, and occasionally does aggravate the symptoms, and should never be resorted to in preference to other milder remedies the superior efficacy of which is so well attested and that nothing short of the assurance that this was the only means of saving the patients life would justify the performance



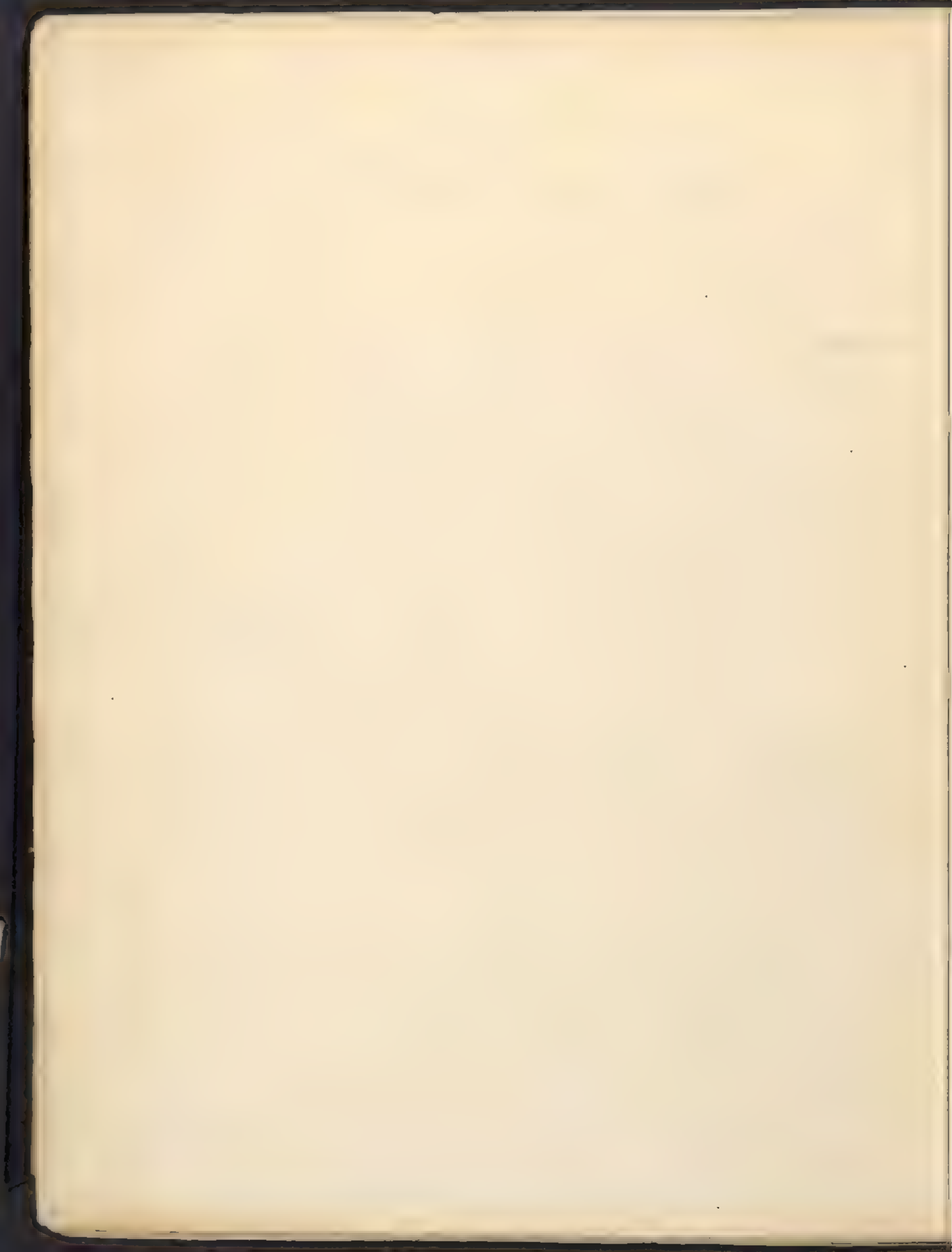
I so soon as operation is the only remedy, in depriving
him of an important member —

With regard to incisions for the
purpose of completely dividing the wounded nerves and
cutting off all communication with the sensorium,
Barry advises that they should be made before inflam-
mation has come on, for when this has taken place
he asserts they are not only useless but even injurious &
they should as far as is practicable include all the
nervous elements, but he is decidedly opposed to all
incisions into joints as aggravating the disease. He has
adduced some instances strikingly illustrative of the
efficacy of this practice, one in particular where the
supra orbital nerve was injured by a thrust from a
lance symptoms of tetanus supervened but were
promptly arrested by making an incision down to
the bone dividing the vessels and nerves —

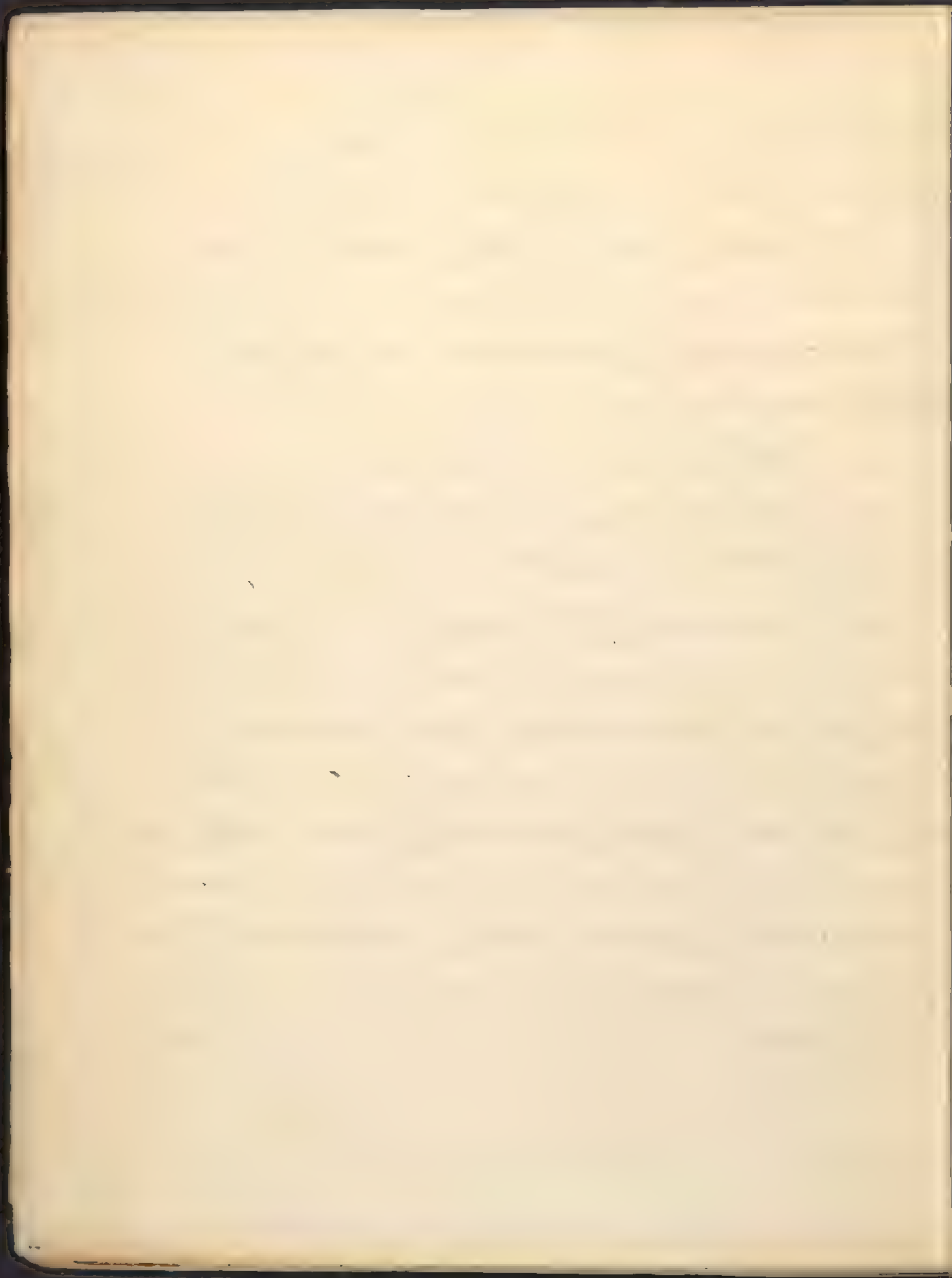
As an early and highly irritable
condition of the wound has a tendency to induce



telanic as well as that state of it in which the discharge
 is of an unhealthy character or altogether suppressed. The
 indications here are to allay local irritation and restore
 the healthy action, thus, mechanical causes of
 irritation such as splinters of bone, balls and other
 extraneous substances, should be removed as soon as
 possible, poultices and other emollient applications
 have been recommended for the purpose of allaying
 the local inflammation and restoring a healthy
 discharge, their efficacy however appears very doubtful
 so much so that it was the practice of Dr. Rush to
 endeavour to excite inflammation in the wound and
 for this purpose he directs that it should be diluted
 and dressed with the oil of turpentine, a mode of
 treatment that has proved to be of the greatest utility
 in the extensive experience of some of our most eminent
 surgeons. Baron Larrey advises Iodine as near as possible
 to the injured part and particularly, as recommended in
 the incipient stage of the disease the application of



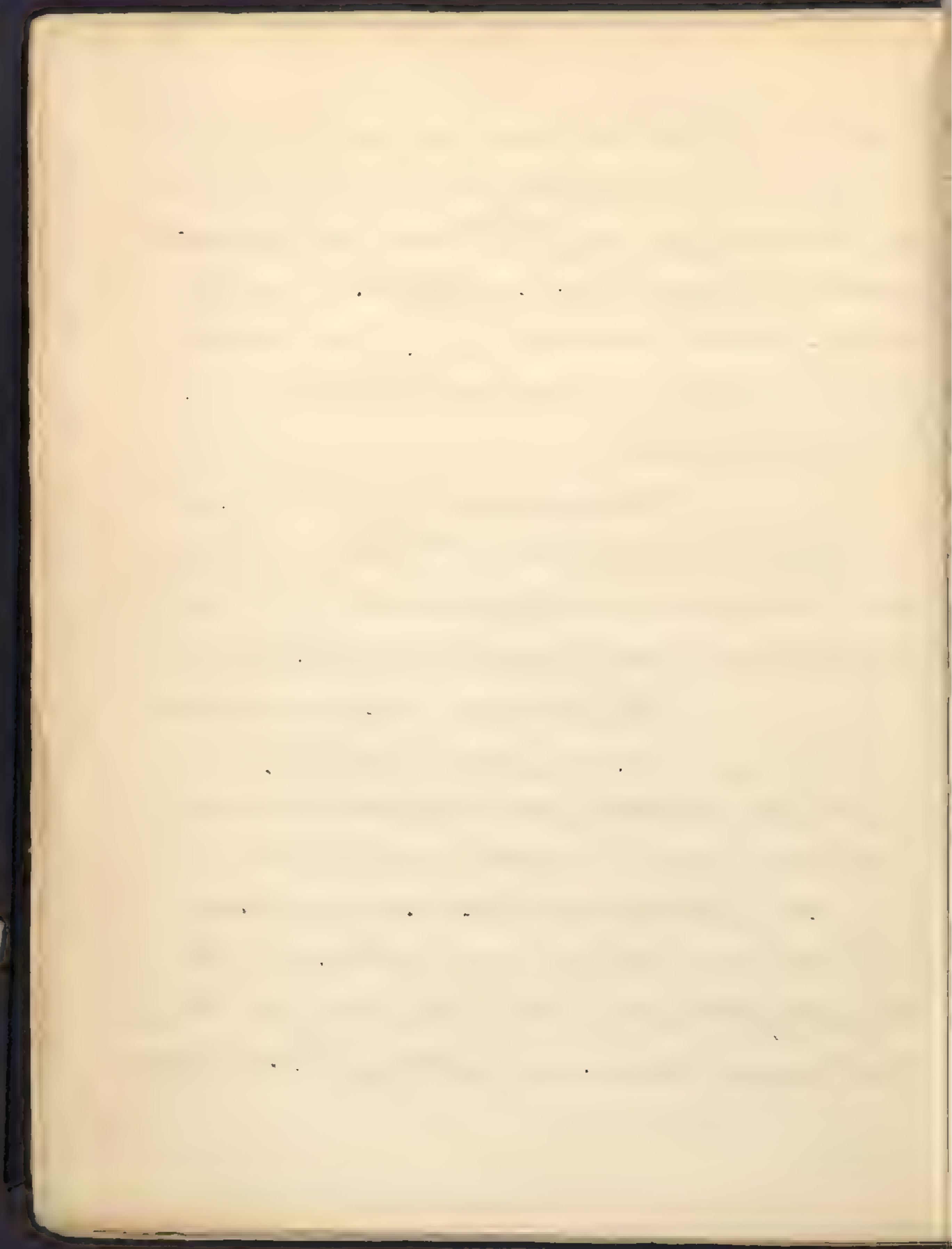
Spasmodic contracture to the nerve itself. For the
 purpose of doing away the local irritation he was
 in the habit of applying the potential as well as
 the actual cautery. He restricts the use of caustics
 to the early stage of the disease and in applying
 them directs that we should observe the same rules
 as in making incisions, with respect to depth and
 of the actual cautery. He makes the following
 remarks "When I suspect the contraction of a nerve
 the early onset of the neighbouring vessels or by
 the adhesion of parts of the cicatrix, do not hesitate
 to apply the actual cautery until reach the point
 of the disordered nerve and sometimes I carry the cau-
 =tery even to a greater depth this application, justly recom-
 =mended by the physicians of antiquity has produced
 most surprising effects. By destroying the adhesions and
 preventing the twitching of the nerves it removes spasm
 and irritation" "If you find any part of the nerve
 it is the best of all the other things, for the



complete although this remedy has only been tried in a few instances, yet from the uniform success that has attended it promises to become a very important addition to our means of arresting this intractable disease, and it is due to the high professional standing of him who recommends it that it should receive a more extensive trial —

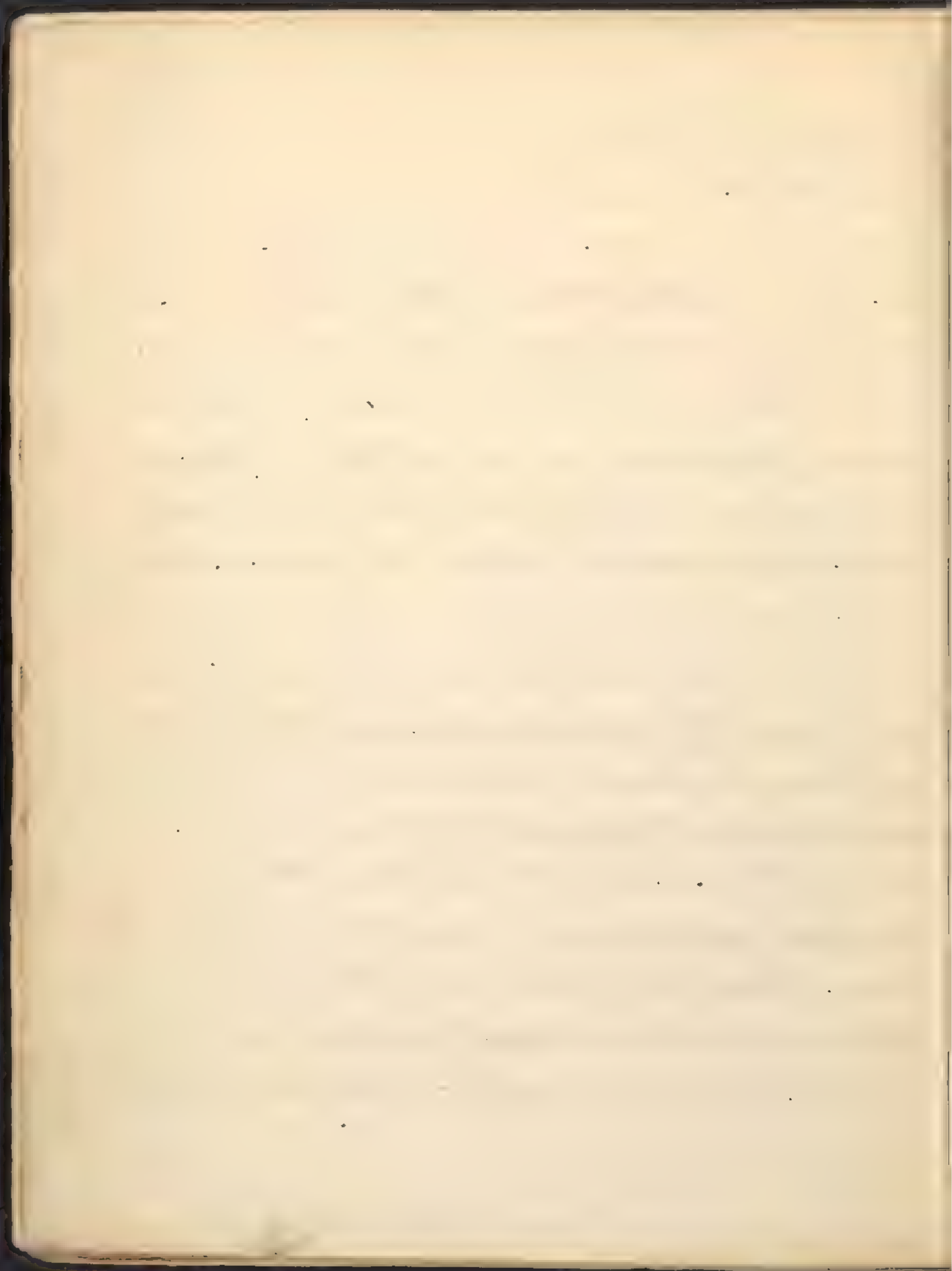
Cataplasms of tobacco leaves applied to the wound appear from the experience of Larrey to be entirely inert; he also found that blister applied to the throat in trismus did not arrest its progress.

The principal topical remedies have now been enumerated: a greater diversity of opinion seems to prevail respecting the constitutional mode of treatment yet it is from the general rather than from the local treatment that the cure of tetanus when it is once fully formed can be anticipated — the seat of the disease being transferred from the local injury to the nervous system generally, we should



endeavour by making a powerful impression on these organs to excite a new action which will subvert their existing morbid condition. The remedies which have been found most effectual in the cure of tetanus are those which exert the most powerful influence on the nervous system, such as the narcotics, diffusible stimuli, bleeding, purging &c. These have all been employed, either singly or variously combined, yet the success that has attended their exhibition has in general been very limited.

Opium is the remedy which has been most successfully employed and in which the majority of practitioners place the most confidence. So be it of any service its exhibition should be commenced on the very first accession of the symptoms. The doses large and repeated at short intervals; it is however generally recommended and is perhaps the better practice to commence with comparatively moderate doses, as sixty drops of Laudanum repeated at short intervals rapidly



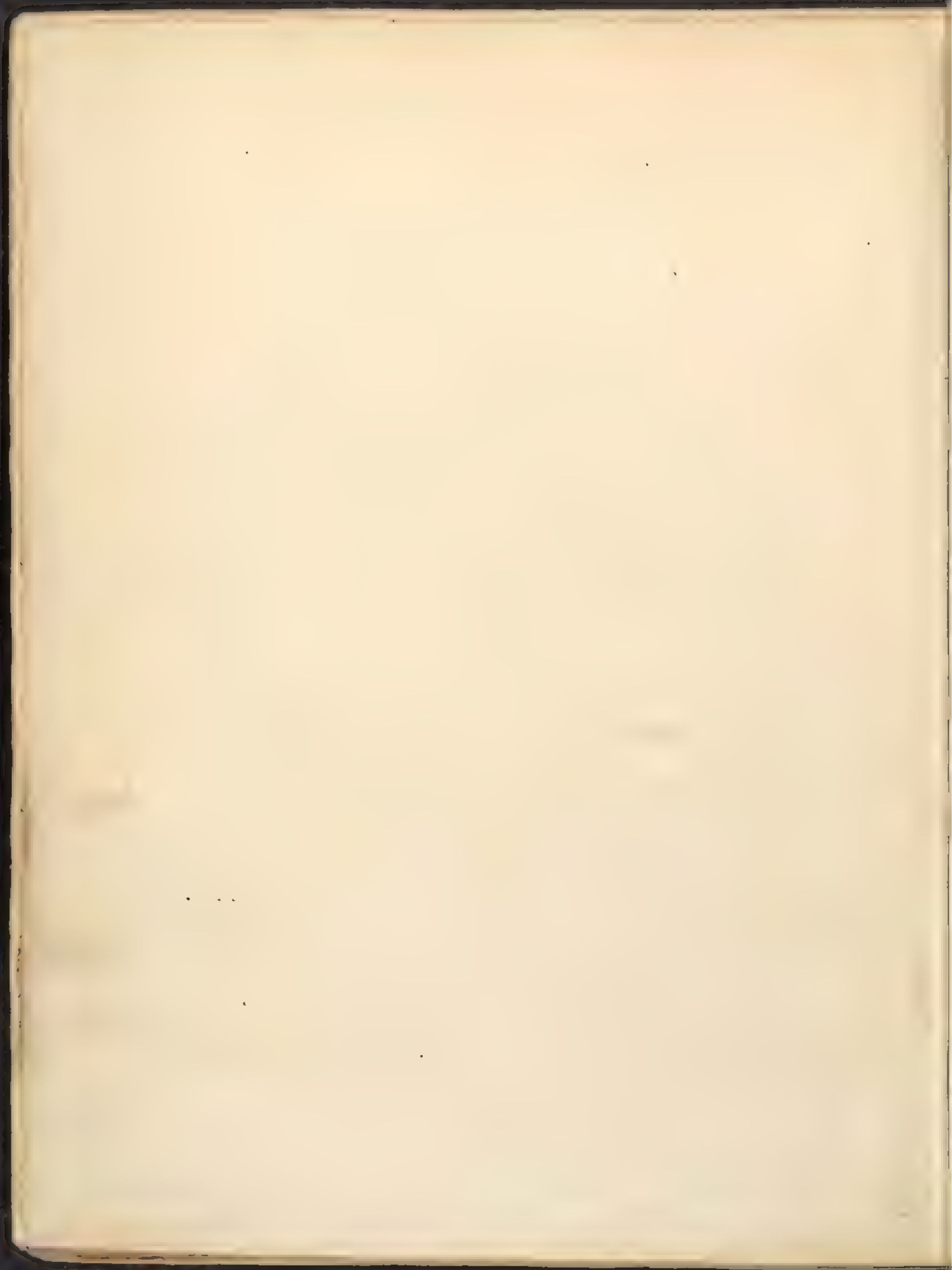
increasing the quantity until some sensible effect is produced. The necessity for the rapid augmentation of the dose will be obvious when we reflect with what celerity the disease advances to its most violent stage, and that no time should be lost in arresting its progress while there is any chance of our remedies having any effect. The firm closure of the jaws, the spasmodic rigidity of the muscles concerned in deglutition, the increase of which may soon render the introduction of medicines into the stomach impracticable, are additional motives for pushing our remedies to the utmost before these impediments arise. When we find it impossible from the above mentioned causes to administer the medicine per os we should resort to opiate enemata.

Persons labouring under tetanus will take with impunity immense quantities of opium which under other circumstances would certainly prove fatal, cases are recorded where ~~gss to xxx~~ have been administered every two or three hours for



several days in succession; an instance of this kind is recorded in the 1st Vol of the Edinburgh Medical Commentaries when the patient took 1^{lb}. a hundred grains of opium in succeeding days and this without its producing any of its narcotic effects upon the system. Laxative medicines should always be employed to obviate the costiveness which uniformly attends this disease and is aggravated by the use of opium. But where we have reason to suspect the disease to be aggravated by a accumulation of irritating secret in the intestines it would perhaps be better to administer a full dose of some brisk cathartic, and afterwards employ laxatives in doses sufficient to keep the bowels soluble.

The rest of the narcotics as well as many of the antispasmodics have also been employed, such as Digitalis, Cicuta, Musk, Camphire, Ether &c. either alone or in combination, but in general with very little success they are however useful as auxiliaries to the opiate treatment.



Mercury, is a remedy, which at one time was in considerable repute and still has its advocates, yet it has so often failed in procuring any alluviation of the symptoms that it cannot be relied on; it is to be administered internally and at the same time frictions with the Unguent: Hydrag: are to be employed there are a few cases on record where this treatment appeared to be beneficial, yet in none of them was mercury solely used, so that we cannot attribute the successful termination of those cases entirely to the curative powers of this medicine; on the contrary there are several instances related by Howship in the Edinburgh Medical & Physical Journal where it entirely failed, though the system was decidedly brought under the mercurial impression, one in particular which terminated fatally notwithstanding the patient was in a state of complete salivation thirty six hours before he died; Harvey says that mercurial frictions appeared to aggravate the disease and the opinion of Moseley respecting



mercurial inunction is as follows "I suspect those who have recovered when this remedy has been used would have recovered without it: for many people have been attacked by tetanus in the West Indies under a course of mercury -

Another mode of treating this complaint consists in the liberal use of the most powerful tonics and stimulants as Bark, wine, brandy &c. &c. the preparations ammonia &c. This plan of treatment was introduced by Dr. Wurke who considered the disease to be dependent on debility: he particularly recommends the free employment of wine and bark and in his hands this practice had considerable success there are also several cases recorded by Dr. Horack in the 2^d vol of the Medical Repository where it was attended with the happiest results -

Dr. Reid of Dublin considering the disease to be seated in the Medulla Spinalis and its investing membranes which he had observed



in his objections to subtle appearances of inflammation, advises the application of a blister along the whole course of the spine. a mode of treatment very analogous to this has been highly spoken of in this country it is the application of caustic along the spine and in some instances it has been very successful —

Lumectomy in the opinion of some is a remedy of considerable efficacy, Dr Dickson in the 7th vol of the Medico Chirurgical Transactions advises bleeding and purging, in a plethoric but it where the wound is painful and inflamed; several instances are recorded by Larrey, Guthrie and others where lumectomy was found to be very serviceable as a palliative and in one case which occurred in the practice of Mr. Guthrie a cure was effected by bleeding the patient several times as delirium animi. The success however that has attended it is much too limited to place it in competition with the other remedies whose superior efficacy has been so amply tested; it had a fair



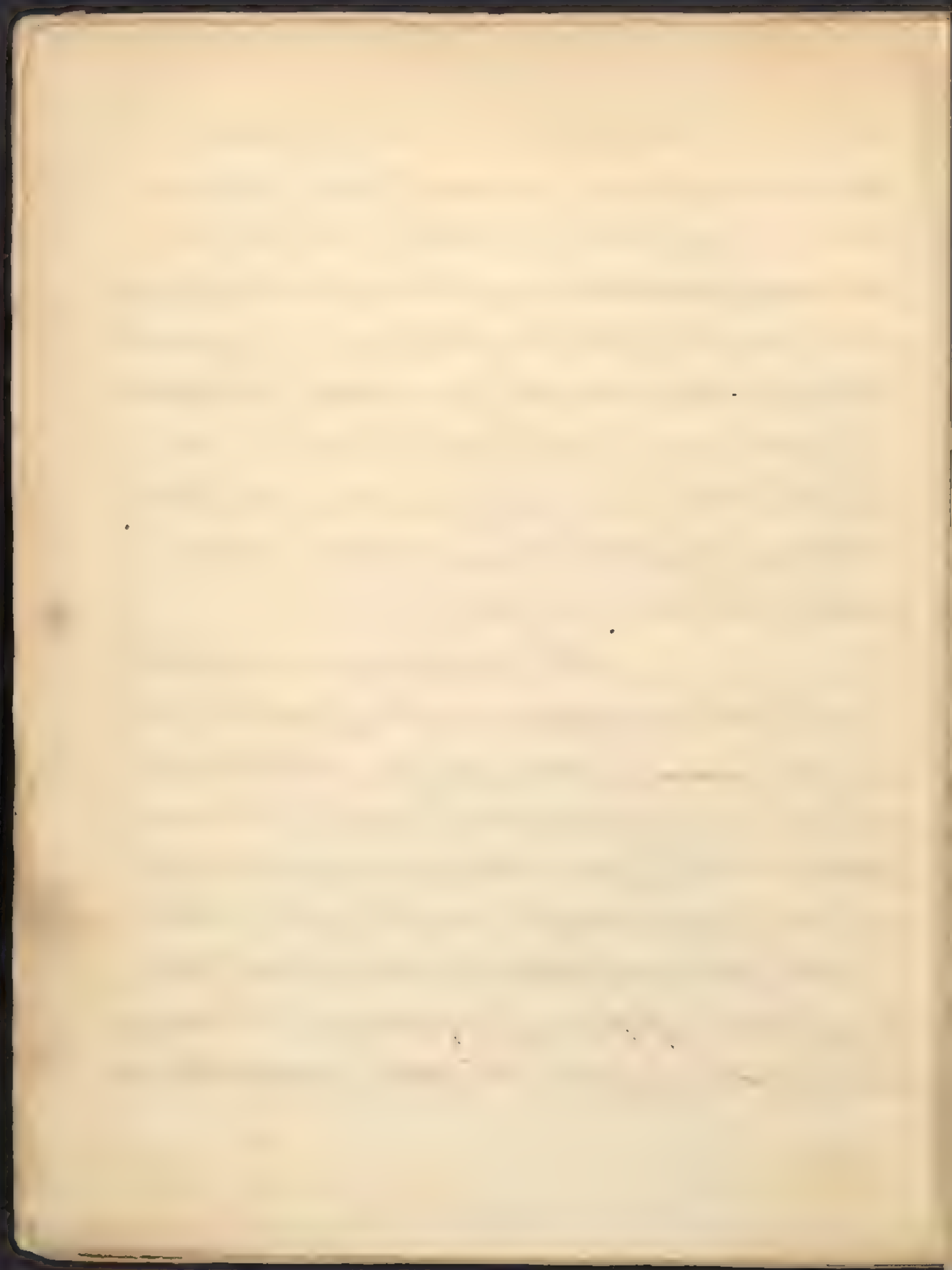
trial in the British army during the Peninsular war
and so often failed in making ^{any} impression on the disease
that little reliance can be placed on it. The only case
in which it seems to be indicated (and this only occurs)
is where there is an inflammatory diathesis present,
here, the exhibition of opium and the diffusible stimuli
should be preceded by venustion & purging —

Among the remedies for tetanus it may not be amiss to notice the cold and warm baths; Mr. Hennen approves of the latter as an auxiliary to opium, but from the testimony of most writers it appears to be very inefficient, in some cases it is said to have afforded relief but this was merely temporary; the employment of the cold bath is a practice sanctioned by Ferriar, Cochrane, Currie and many others; of its utility in idiopathic tetanus we have the strongest evidence but it does not appear to be at all suited to the traumatic form of the disease,



Sullen is decidedly opposed to its employment in tetanus arising from wounds, & Harvey relates a case which not only shows its inutility, but also the pernicious effects that may result from its employment, in this case the tetanic rigidity was not only increased but such violent convulsions were excited as to rupture one of the recti muscles of the abdomen. In the few trials that have been made of the cold bath in this country, it has been found to be wholly inadequate to the cure of the disease —

The principal remedies as well as some of the most approved modes of treatment have now been cursorily noticed, and from what has been said it may be inferred that opium is the remedy entitled to the largest share of our confidence, and should from its almost universal recommendation as well as the success that has attended its exhibition be regarded as of primary importance in the management of this complaint. The other remedies which some



have regarded as of independent value are to be considered merely as adjuncts, any influence they may possess in arresting the progress of the disease can as they are not incompatible be fully secured by uniting them with opium -

Concerning the topical remedies it appears that most authorities agree as to the propriety of incisions for the purpose of dividing any wounded nerve; but to be of any service they should be made in the incipient stage of the disease. The free dilatation of the wound and the stimulating applications recommended by Pugh and Larrey should never be neglected these failing or should circumstances occur which the latter of the above mentioned authorities considers as justifying its employment it would perhaps be as well to resort to the actual cautery - But it must be confessed that so as we will exhaust all the resources of medicine and surgery the disease will not in a great majority of instances prove amenable to any

mode of treatment and must still be regarded
as entitled to a high rank among the opprobria Medicorum

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